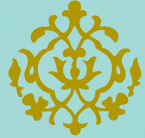


THE EDITION

THE OFFICIAL
MAGAZINE OF



DLF
Emporio

THE
**CHA
NA
KYA**

THE SPRING/SUMMER
ISSUE 2020

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**A RIOT OF
COLOURS**

*Experts Highlight
The Biggest Trends*

**THE ELITE
TRAVELLER**

*Bring The Season
To Life In Luxury*

**THE 2020
DINING GUIDE**

*Renewing Classic
Food & Cocktails*

BEST IN CLASS

*These Accessories
Are All About Power*

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Tiffany T

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EDITOR'S PICK

The stunning Tiffany T Square Bracelet in 18k gold has graphic angles and clean lines. It is a bold accessory that complements any look, and Pavé diamonds add a touch of über-glam.



LUXURY is as much about emotion as it is about superlative quality, and the radical new collections from *maisons* and *ateliers* are proof. There is renewed focus on embracing new ideas and trends, supplemented with heritage and craftsmanship. Creative directors at the most prolific brands see the streets as their runway, creating products that appeal to millennials and veteran brand loyalists alike.

The 2020 Spring/Summer issue of *The Edition*, the official magazine of DLF Emporio and The Chanakya, celebrates the onset of the new season of fashion, with its bursts of colour and form. We seek to capture the latest ideas and innovations in luxury, chosen with an eye to suit your discerning taste. The collections we have curated have been lauded by experts, and we're sure you will appreciate the depth and variety. Of course, this issue also packs some stellar advice about wellness and beauty, and larger lifestyle features on travel, shopping and men's style.

At DLF Emporio and The Chanakya, we seek to create an environment that reflects your elegant taste, and the legacy of the world's most coveted luxury brands. We're sure you will enjoy browsing through this issue as much as you enjoy the refined shopping experience.

Dinaz Madhukar

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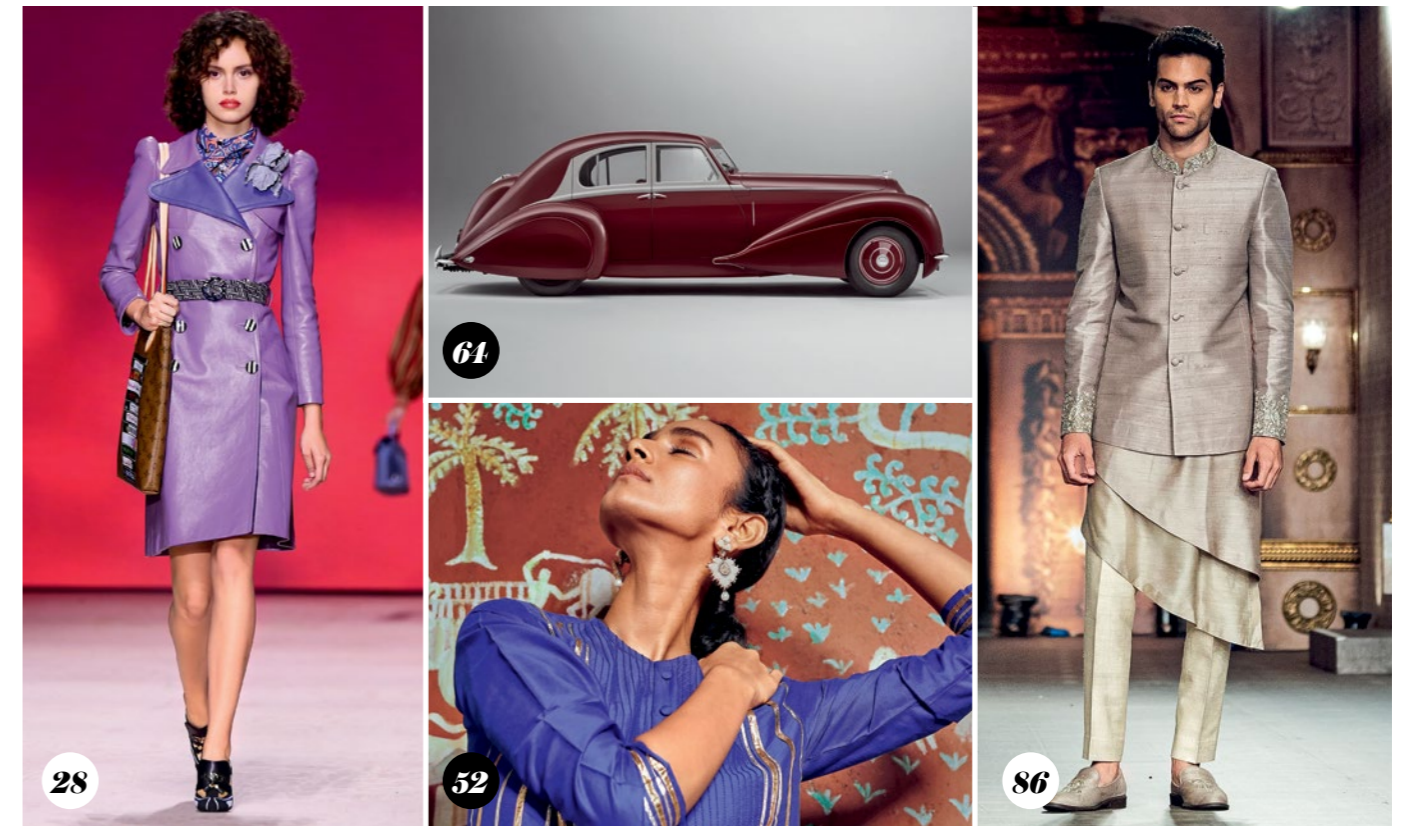
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THE EDITION

THE OFFICIAL MAGAZINE OF



DLF Emporio

THE CHANAKYA



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With more than a decade of editorial experience with India's top media brands, Priyanka specialises in beauty, wellness and travel. She's passionate about food, and loves to sample new flavours and experience new cultures. She is currently the editor of AsiaSpa India magazine, and likes to read when she has time.



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A creative director who remains a graphic designer at heart, Sunanda has worked for over three decades with some of the world's top magazines and multimedia brands. She specialises in creating elegant templates, revamping titles for the modern age and giving brands a whole new design language.

current

CURATED LUXURY NEWS & VIEWS



Out Of The Blue TIFFANY & CO.

It's safe to say that when it comes to commemorating engagements, Tiffany & Co. has no equal. The brand's ability to make a diamond shine in its own

right, set off a precedent for other jewellery houses to follow suit. It became the leader of a new generation of celebrating love, to put it simply—there's no other whose legacy can be felt from just a blue box. Here, we have

two icons: the Tiffany Setting ring and the Tiffany T Two Circle. The former is famous enough to be recognised from movies, and the latter's clean cuts and graphic design is an elegant tribute to Tiffany's tenets. (p.o.r.)

The Old New

GUCCI

A part of the Gucci 1955 Horsebit Collection, the latest arrival from the brand is a confluence of age-old design and modern sensibility. Straight from the archives, this top handle bag's red leather has a vintage feel. The original details have been kept intact, and the horsebit detailing reflects the equestrian influence. (p.o.r.)



Off The Cuff

HERMÈS

Crafted from aluminium, the French house has given the sleekest adornment for the summer. Part of the Spring/Summer 2020 collection, the wrist cuffs come in an array of colours, making it easy to stack them on each other to create an edgy look. Standing alone, they add brightness to any outfit and play well with other accessories, be it an elegant watch or a chunky ring. (p.o.r.)



Steeped In History

ROSE

The Antico De Modena Collection from Rose upholds the role coins have played as symbols of power and culture, and the house has brought these medallions to life by pairing them with vibrant gemstones like emeralds, rubies and precious diamonds. (p.o.r.)

Sole Survivor

TOD'S

Known for making footwear that seems to be miles ahead of the rest, Tod's No_Code collection is the very exemplification of the brand's ethos. Here we have No_Code_03, which is a blend of leather and hi-tech fabric, making the shoe an intuitive part of your wardrobe. (p.o.r.)



Weaving The Future

MICHAEL KORS

The Spring/Summer collection from the brand is set to celebrate the romanticism of the 1940s. The Bancroft Basket Bag feels like it's from a different era, and it goes with every spring look. (p.o.r.)



Upcycled Travels

TUMI

A first for the brand, their Merge collection is made entirely from recycled materials. Blending style and utility, the collection is lightweight and highly functional—perfect for the business traveller.



For All Tastes

KHOYA

No summer wedding is complete without a box of *mithai*, the ingredients of which you can rely on to be as premium and organic as possible. Perfect as a gift, the new range even has a wide assortment of exotic flavours to suit every palate and taste preference.



Conscious Luxe

ERMENEGILDO ZEGNA

A fresh look by Ermenegildo Zegna, Z by Zegna offers the brand's quintessential tailoring and sharp cuts, but in a new attire. It's aimed at the eco-conscious luxury consumer and boasts upcycled and recycled materials.



Stay Classy

RAGHAVENDRA RATHORE

Designed in Jodhpur, the luxury brand has included a distinctive quilting detail in the sole of these shoes. An ode to bespoke tailoring, they pair well with ethnic-wear, as well as sharp suits. (p.o.r.)



Ethnic Glory

ANITA DONGRE

Here's your first look at Anita Dongre's Spring/Summer collection, and it's everything one imagined it to be. Filled with vibrant hues and delicate motifs, the silhouettes are bold and an experimentation with new cuts can clearly be seen.



Toast To Happiness

ARQ

Designed for festivities, this box of savouries from Arq is a must for all your celebrations, and is also apt for gifting. The artisanal boxes are biodegradable and the snacks are flavoured naturally. The six different flavours in the box make sure that you do not run out of choices. (p.o.r.)



The Silver Lining

RAVISSANT

This collection will be an exquisite addition to your puja room. The design is streamlined and luxe, and the diya stand, platter and tray have been ornamented with orange beads. When you light the wicks, a mesmerising golden light will reflect off the surface of the holder, dousing the room in divine glory. (p.o.r.)



Easy Elegance

BRUNELLO CUCINELLI

Exquisite materials enrich the versatile and feminine style of this new crossbody. The half-circular structure of the bag and its rich brown colour are enough to tempt any fashionista. (p.o.r.)



Royal Entourage

CASA PARADOX

Inspired by the royal durbar of the Raj, this crockery set has fine illustrations painted in a delicate pink hue with gold trimmings. Part of the brand's 'Mimosa' collection, this is ideal for high tea with the haut monde. (p.o.r.)



Wild Flowers

FENDI

The fringe is in again, and this time it's here to stay. A chic summer piece, this floral-print purse from Fendi is an ideal carry-on for a brunch, or a day out shopping with your girlfriends. (p.o.r.)



A Flamingo's Tale

NICOBAR

Digitally-printed, these cushion covers are inspired from the marine life of Zanzibar, particularly the graceful flamingos. With swaying palm trees and classic stripes, these cushions will imbue just the right amount of tropical ease in your urban dwelling. (p.o.r.)



On The Radar

JANAVI INDIA X ABU SANDEEP

Two acclaimed designers have come together to curate a fashion melange. The motifs, inspired by exotic flowers from around the world, have been embroidered on a silken fabric with gold sequins by the finest craftsmen. (p.o.r.)



Lost In Nature

SHIVAN & NARRESH

The Deccan Pocket Square is illustrated with terrestrial botany and animalia of the Deccan. Keep this in your pocket to showcase your love for little details. (p.o.r.)

STAR PICK

Here, Deepika Padukone wears the main piece of Abu Jani Sandeep Khosla's collection: 'The Circle of Life' *ghagra*. Hand-embroidered with pearls, Swarovski stones and Reshan embroidery, it's a masterpiece of design and should be on every bride-to-be's radar.

The Summer Wedding Edition

Move over conventional trousseaus, the hottest bridal trends for the season are here

BY AMEESHA RAIZADA



Anita Dongre



Pankaj & Nidhi



Janavi India



Suneet Varma



Shyamal & Bhumika

Summers are indeed a wonderful time to get married. From vivid flower arrangements to a *mehendi* ceremony under the sunny blue sky, the possibilities are endless. As are the possibilities for the nuptial ensembles. The modern Indian bride prefers sophistication and comfort over convention, and for good reason.

Gone are the days when shades of red governed the bridal wardrobe. This spring, the pastel colour wheel won

hearts all over, and Indian designers are creating masterpieces in subtle hues with floral prints, fine embroideries and light fabrics. Colours like pale blue, yellow and sea green are perfect for daytime ceremonies like *haldi*, while peach, beige, ivory and misty lilac are apt for evening wear.

Here's an idea: avoid undue weight by choosing a tussar silk six-yard for *sangeet* night, avoiding heavier silks like Benarasi and Mysore. Similarly

for jewellery, instead of layering several necklaces, you can wear a statement piece or stylise your look with family heirlooms.

The *lehengas* for this season emphasise intricate lacework, sheer panels, sultry v-necks and backless blouses—lovely details that will never go unnoticed. (And, since it's your big day, we recommend you don't go unnoticed.) So, this wedding season, choose your own trends. ♣

The Spring Detox

Make health a priority this year through four easy phases

BY AMEESHA RAIZADA

The first step to achieving a healthier self is to get rid of all the junk that has gone into your body over the last few months. The body has its own healing system that gets rid of chemicals it doesn't want, but sometimes, these toxins get deposited in the lymphatic and digestive systems. Detoxification enhances the functioning of these systems, enabling them to tackle waste better and absorb nutrients more efficiently.

All you have to do is make small changes in your diet and lifestyle to feel, and see, the difference. To make it easier, here's a four-week detox plan to help you clean up your system:

WEEK 1 Increase your intake of vitamin E

- Snack on walnuts, peanuts and almonds; sprinkle seeds (sunflower, flax and watermelon) and wheat germ on your morning cereal.
- Add olives to your salads and a green, leafy vegetable to your main meal. It is a good idea to add lettuce to your sandwiches.
- Incorporate lemon juice in your diet—be it via a glass of lemonade or a generous squeeze in your fruit or salad bowl. It cleanses the body and strengthens the liver.
- Try limiting the consumption of non-vegetarian food to every alternate day.

- Make sure you drink more than six glasses of water a day.

WEEK 2 Concentrate on vitamin C

- Start your day with a glass of lemonade. Eat more citrus fruits such as oranges and grapefruit.



- Continue with green, leafy vegetables for lunch and dinner, and add some broccoli twice or thrice a week to your meals.
- Try to eat two tomatoes a day. You could also have tomato soup in the evening.
- In fruits, include guava and strawberries.
- Start eating non-vegetarian food only twice a week.

- Start drinking eight glasses of water a day.

WEEK 3 Focus on your dose of beta-carotene this week

- Alternate between mangoes and papaya for your daily fruit serving.
- Eat a portion of pepper, spinach, pumpkin or sweet potato daily.
- Snack on nuts and seeds in the evening.
- Start eating plenty of fibre, including brown rice, whole-wheat, oats and fresh fruits and vegetables.
- Limit non-vegetarian food to once a week.
- Keep water consumption to eight glasses, and start eating water-rich fruits and vegetables.

WEEK 4 Incorporate essential antioxidants

- For selenium, eat seafood thrice this week.
- For phytochemicals, gorge on green, leafy vegetables, such as spinach, broccoli and cabbage.
- Eat sunflower seeds and flaxseeds.
- Add garlic to all your dishes.
- Eat beans and legumes in one meal at least.
- Drink lots of vegetable juices as they have cleansing properties. Try carrot and beetroot juice with a hint of lemon.
- Limit non-vegetarian food to once a week. ✨

The Season's Motif

Make an entrance with these glamorous Indian ensembles

BY KANCHAN RANA

There's a certain intersection of clothing that's gaining traction across diverse tastes and preferences. It's the juncture where Indianwear meets western, resulting in a new and improved fusion that takes far-flung influences, and amalgamates them with ethnic tradition. Take, for instance, the way the shape of the blouse has evolved. From straight cuts that were taken care of at the last minute, they've become a stand-out element in ensembles in their own right. It won't be hard to find a consumer who is now shaping their outfit around the blouse. And designers such as Suneet Varma and duo Pankaj & Nidhi are taking notes. Thanks to them, there's an option for each sensibility, from peplum blouses with daring cuts, to single-sleeves with extravagant detailing.

When it comes to outfits, there's one trend that doesn't seem to be fading: the *sharara*. It's a staple at weddings, but is also taking a more casual spin. Pair it with simple footwear, but use statement accessories to strike the right note.

Lastly, when it comes to embellishments, the season's tone is leaning towards expertly-done floral embroidery and mirror work to up the glam quotient. ✨



Anita Dongre



Suneet Varma

ASAL by Abu Sandeep

Pankaj & Nidhi

Shyamal & Bhumiika



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FRESHNESS
BRIGHT & FUN

The Summer Flow

Whether your style is maxi or wrap dresses, our designers have covered it all



Anita Dongre



Nicobar



Gulabo by Abu Sandeep

When the temperature begins to rise, there's one look that requires minimal effort but guarantees maximum style: the summer dress. What makes it even better is that the outfit lends itself to layering, thereby allowing it to work even during seasonal transition. Be sure to choose bright colours or match it with equally bright accessories. So, whether it's a printed wrap dress or an effortless maxi, here's your summer shortlist.



Kate Spade

Tod's

Michael Kors



Outhouse



Find Your Tribe

Discover your wild side with the season's trend



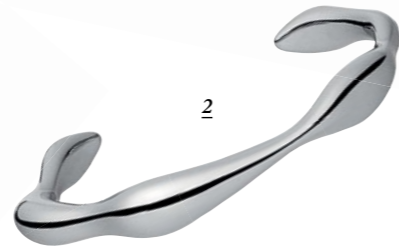
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5



3



2

Be the showstopper at your party with exotic ensembles that take inspiration from tribal cultures around the world. You can pair a beaded link necklace with a breezy linen dress or make a statement at work with an Aztec brooch on the lapel of your blazer. Come this summer, experiment with bright colours, flamboyant patterns and raw structures for your wardrobe.

1 ROSE; 2 HERMÈS; 3 SHIVAN & NARRESH; 4 NICOBAR; 5 MICHAEL KORS; 6 SUNEET VARMA
(All prices on request.)



Ray-Ban

Spring Glam

These products will accentuate your summer vibe

Summer is the time to don bright colours and vibrant patterns—and we've shortlisted the coolest ones for you. From statement shades to neon shoes, here's what you need.

1 Sunglasses by BURBERRY; 2 Tote bag by SHIVAN & NARRESH; 3 Sneakers by TOD'S; 4 Leather cuff by OUTHOUSE; 5 Heels by MICHAEL KORS
(All prices on request.)



1



2



5



4



3

The Style Face-Off

Two products, two design philosophies, superlative quality
 BY PALLAVI SINGH



HERMÈS

RÉPONSE EN ARGENT MANCHETTE

With its rose gold gilding, this silver cuff from the French house is quite truly your star player this summer. The delicate colour ensures it'll shine during the day, while the silver links make it a regal addition.
 (p.o.r.)

For the woman who wants to add a touch of subdued glamour to her look.

Pair With a summer dress or pastel blouse and slim-fitted pants.

OUTHOUSE

O.H. V WRIST CUFF

Plated in gold, the generous splattering of summertime motifs makes this cuff a playful addition, but it's bold enough to also stand on its own. A tribute to the brand's iconic designs, it's clearly meant for the modern woman.
 (p.o.r.)

For the woman who wants to add a statement piece to her ensemble.

Pair With a ruffled or free-form shirt and comfort-fit jeans.

Dial It Up

The watches to add some glitz to your wrist
 BY VARUN SARIN



BULGARI LVCEA

Don't be fooled by the simplicity you see at first glance: the LVCEA's story runs deep. With a mother-of-pearl dial, the timepiece is a tribute to the age-old sundial. Diamond hour-markers are accompanied by a bejewelled crown.

MONTBLANC BOHÈME AUTOMATIC DATE

The guilloché dial that you see isn't the only fine art to be seen here. Diamond indexes are delicately interspersed between roman numerals, and the shapely ellipse at six offers up the date.

MICHAEL KORS BRADSHAW

Premium design meets fast-paced lifestyle requirements in the only smartwatch on this list. Along with the usual offerings (heart rate monitoring, alerts and updates), you can even make payments through this watch. All this comes encircled in a pavé-set dial.

AUDEMARS PIGUET MILLENNARY

The refined style begins at the pink-gold bracelet, but reaches its zenith at the white opal off-centred dial and small-seconds sub-dial. The hand-wound manufacture 5201 calibre powers the timepiece, and is visible through the sapphire caseback.

CARTIER BALLON BLANC DE

Joining the Cartier line-up is the Ballon Blanc De with its circumference of diamonds. The pièce de résistance, however, is the brilliant-cut diamond at the fourth hour marker. Rounding it off is a sunray-brushed dial, held together by a sleek leather strap.

JAEGER-LECOULTRE RENDEZ-VOUS

Fitting in with the rest of the pavé-set dials here, this selection is the place where technical finesse meets aesthetic value. With its day and night indicator, it's for those who appreciate precious objects. ✨

(All prices on request.)

Pink's New Hue

Consider this your complete guide to wearing pink in the modern age



Suneet Varma

There's nothing like a bit of pink to brighten up an outfit—so we found it in every form. Over the years, the colour has managed to evolve and move past the image of being simply dainty. It's now bold, daring and, most importantly, fun. Don't believe us? Let these products do the talking.

1 Bag by TUMI; 2 Watch by MICHAEL KORS; 3 Bracelets by HERMÈS; 4 Earrings by SHIVAN & NARRESH; 5 Perfume by JEAN PAUL GAULTIER; 6 Heels by TOD'S; 7 Lipstick by GUERLAIN; 8 Sunglasses by EMPORIO ARMANI (available at Sunglass Hut) (All prices on request.)

Grace Redefined SHYAMAL & BHUMIKA

Two stunning ensembles that place the hue front and centre, the dynamic duo plays around with different shades of pink to give you two looks that seem to shape-shift. Exemplary drapes are paired with delicate embroidery, making for a graceful and exquisite entrance.



It's A Classic

Here's how to wear the colour of the year
BY PRIYANKA CHAKRABARTI

Choosing a colour to define the fashion climate for the rest of the year is both a hefty as well as a subjective task. But we think this year's selection won't fail to please, thanks to first, its universal appeal and, second, the purpose behind its selection. The Pantone Color Institute combed through influences far and wide to settle on Classic Blue, a shade that is meant to instil a sense of calmness and serenity. "The reassuring qualities of the thought-provoking PANTONE 19-4052 Classic Blue highlight our desire for a dependable and stable foundation on which to build, as we cross the threshold into a new era," the institute informs.

Brands have already begun incorporating this colour into their repositories in a bigger way, and we've curated some of the top looks. Whether it's the slight touch of Classic Blue in an overcoat, or a daring and bold dress that's pretty much a tribute to the colour, you're sure to find your fit here. ♣

- 1 BOTTEGA VENETA;
- 2 LOUIS VUITTON;
- 3 GUCCI;
- 4 CHANEL



Janavi India

The Imprint

This season, there's no such thing as going overboard

Spring is all about a flurry of prints, patterns and colours, and this season, we're mixing it all up—even at home. For those who want to make a subtle statement, a patterned scarf styled as a turban will do the trick. On the other hand, if you're ready to go all out, and we encourage you to do so, consider a sari with prints galore.

- 1 Sari by GULABO BY ABU SANDEEP;
 - 2 Cushion by CASA PARADOX; 3 Bag by TOD'S; 4 Scarf by NICOBAR; 5 Shoes by SHIVAN & NARRESH
- (All prices on request.)



Fresh Off The RUNWAY

The Spring Summer 2020 collections put fashion in a new light

TEXT BY GAYATRI MOODLIAR

Fashion is becoming a reflection of the zeitgeist, and all the designers have received the memo in 2020. From sustainable sets to political statements, these collections set a new tone by focussing on the now, while acknowledging their brand's heritage.

Chanel

Taking over from the late Karl Lagerfeld, Virginie Viard demonstrated how she is taking the house forward without compromising its storied past. From the rooftops of Paris, we saw the iconic textures of Chanel, reimagined to be more relatable. Inspired by the atmosphere of the *Nouvelle Vague* (French New Wave cinema), the ready-to-wear collection was headlined by short hemlines and tweed suit rompers.



Hermès

Nadège Vanhee-Cybulski's show was not only a display of how craftsmanship will always reign supreme, but more so about how the *maison* plans to maintain its luxury appeal, while also catering to the demands of women of 2020. The runway was full of investment-worthy functional pieces that bordered on sporty.



Salvatore Ferragamo

Creative Director Paul Andrew's collection took its inspiration from a unique memento: a childhood photo of him and his brother. They were wearing clashing prints, and it was that *joie de vivre* that lit the spark. The collection was a showcase of bright hues, tailored to perfection, and minimalist at heart.



Dior

The garden-inspired set-up of the Christian Dior show demonstrated one of the main themes of the Maria Grazia Chiuri-spearheaded collection: sustainability and respect for nature. These elements, along with a passion for gardening, were prevalent throughout the layers of tulle, floral-embroidered prints and wide-brimmed hats.



Fendi

The first collection solely directed by Silvia Venturini Fendi saw her celebrate a lighter mood. Moving past the aftermath of Lagerfeld's passing, she imbued a sunny, bright glow that showcased the late doyen's optimism. Between influxes of floral prints, there were breaks of minimal plaid that showed that the brand's ethos hadn't changed.



Louis Vuitton

Nicolas Ghesquière's show was inspired by the *Belle Époque* era—a period that saw the house come to life. Filled with *pouf* sleeves on shirts, patterns galore and colours that seemed to direct one's eye towards the future, the collection straddled romanticism and modernism. It also circled back to the brand's history as fittingly as possible.



Burberry

Riccardo Tisci brought his Italian dedication to sartorial finesse to this collection, which saw an array of monochromatic looks walking down in the form of tailored-to-perfection suits and coats, and dresses that exuded the classicism and Victorian roots of the brand.



Gucci

Provocative and emboldened, Alessandro Michele challenged his audience with this collection. A paucity of prints was made up for by graphic colour-blocking, and Michele's eccentric direction was felt when straitjackets made their way—a call for fashion to join the movement towards self-emancipation and ask people to digress. ✦

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HOLIDAY Hotspots for 2020

Add these exciting places to your bucket list before you plan your breaks this year

BY PRIYANKA CHAKRABARTI

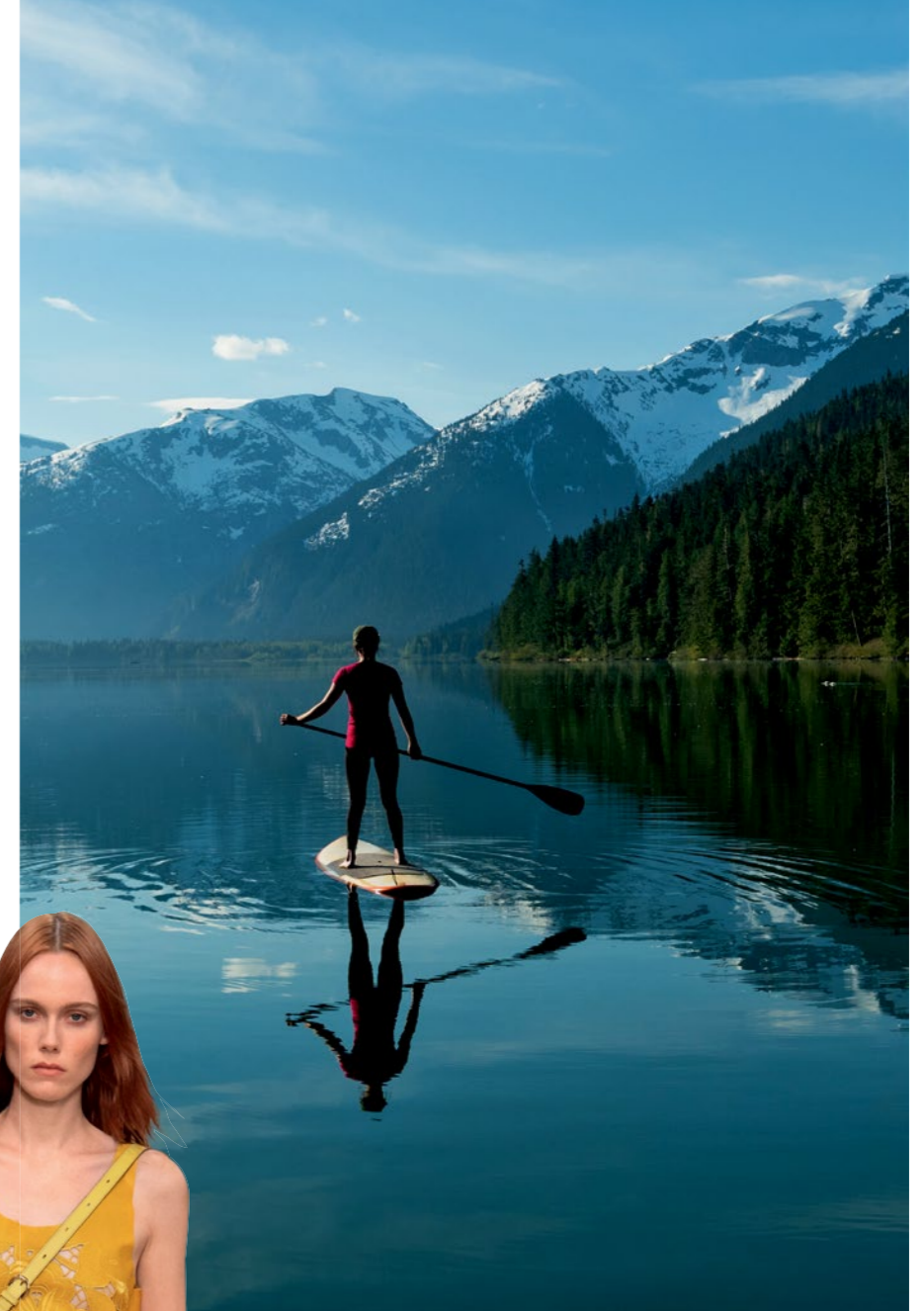
YEREVAN, ARMENIA

While the Kardashians might be responsible for putting it on the globe, with their recent visit to the capital city of Yerevan, there's much more to Armenia than just this celebrity

association. The Asian nation of the Caucasus region, which joins Europe and Asia, has something for everyone—artsy cafes, bookshops, a rich food culture, a robust wine culture and stunning natural vistas. Yerevan,



CLOCKWISE FROM LEFT The serene Tatev Monastery in Armenia; paddle boarding in Canada is a must; a bright summer dress by **Tod's** to brighten your trip; a suitcase you can't miss from **Tumi**; statement earrings from **Rose**; sunglasses from **Emporio Armani** for a road trip; the David of Sassoun statue in Armenia



on the river Hrazdan, has been given the title of 'pink city' thanks to the colour of the volcanic tufa rock from which many of its Soviet-era, majestic buildings are constructed. When in the city, sample the country's rich food tradition. You may have heard of *lavash* (the flatbread) and *dolma* (meat and rice wrapped in grape leaves), but the kebabs—especially fish—are the real gems.

BEYOND THE CITY: If you like to go off the beaten path, The Gegham Mountains are your answer. A chain of volcanic domes, the Mountains are usually covered with snow, except in in the summer (read June) when the snow starts to melt and the Yezidi nomads take their cattle to graze. Isolated for miles and miles, this trip is not for the faint-hearted.

BRITISH COLUMBIA, CANADA

Canada is undoubtedly one of the prettiest countries in the world and the province of British Columbia, to the far west, offers unimaginable vistas. Whistler Blackcomb,

CLOCKWISE FROM RIGHT A fun shoulder bag from **Michael Kors** to hold your souvenirs; the beautiful cityscape of Buenos Aires; look dapper in this **Michael Kors** look; stay moisturised with this fragrant hand cream from **Molton Brown**; a view of the Azrieli Center in Tel Aviv; the Meiji Shinto Shrine is a must-visit; the perfect summer slides from **Shivan & Narresh**; a metallic belt bag from **Outhouse** so you can keep your hands free while exploring the local spots



stopping for a quick cocktail or a mezze-style meal at one of the many restaurants that dot the area.

BEYOND THE CITY: Since floating in the Dead Sea is probably already on your must-do-in-Israel list, try snorkelling/scuba at Eliat. Crystal clear water, beautiful coral reef and fish await you here. The underwater observatory, great beaches, and good weather almost all-year round are other attractions.



TULUM, MEXICO
One of the last cities built and inhabited by the Mayans, the beach town of Tulum is truly reflective of their excellent

in Whistler, is North America's largest ski resort, and is picture-postcard pretty. Yoho National Park and Pacific Rim National Park Reserve are both great options for the naturalist. To see the widest variety of leaves in every shape and colour, go to Stanley Park in Vancouver. The area is also witnessing a wine revolution, and set against the mountains, thick foliage, and watersides, the vineyards here do international food, cheese, and charcuterie boards with their wines.

BEYOND THE CITY: Head to New Brunswick to pair your wine experience with food. This town will give you a taste of the local delicacies and also let you make these first-hand. Oyster mushroom, seaweed, r p e (potato and pork dumpling), tricot stews, tourti re (meat pie), are just a few of the delicacies you'll get to try.

TOKYO, JAPAN

With the Olympics set to be held in Tokyo this year, Japan's a top destination to visit in 2020. Whether watching the games or not (though if you're there, don't miss it), the energy is going to be infectious in Tokyo from end July to mid-August. The bustling capital is a heady mix of the old and new with its neon-lit skyscrapers rubbing shoulders with historic temples. Don't miss the Meiji Shinto Shrine and The Imperial Palace.

If you're interested in exploring the



art scene, take a trip to one of the city's several museums and galleries.

BEYOND THE CITY: Go to Okinawa for its pristine beaches, and the largest coral reefs in the northern hemisphere, a soon-to-be restored Shuri Castle, and the Sekisei Lagoon. Or Kyoto for a mix of old school and modern—among swanky hotels and huge shopping centres, you'll find Shinto shrines and Zen gardens.

BUENOS AIRES, ARGENTINA

Move over Peru, Brazil, and Bolivia. The latest South American country to become a hot destination is Argentina. Head to the capital city, and start at the centre where the Plaza de Mayo is, and explore Casa Rosada, the presidential palace. Argentina is also on everyone's must-do list this year because it will witness a total solar eclipse on December 14, 2020. This rare occurrence in the town of Fortin Nogueira, shall last for just two minutes. The popularity is so high that special tours are being organised for the spectacle.

BEYOND THE CITY: Patagonia is the next big name on bucket lists. The Andes overlooking pristine waters, galaxies in the skies, and Southern lights—if peace and quiet are what you're seeking, here's where to go.

TEL AVIV, ISRAEL

One the world's most 'hipster' cities with a wave of bars, luxury hotels, gourmet restaurants, boutique stores, and lively nightclubs, Tel Aviv is unlike its Middle-Eastern neighbours. Blessed with breezy Mediterranean weather, the beaches are exactly what you need on a city break: swim in the warm waters, lay on the soft sand, and walk along the coast from one beach to the next, while





CLOCKWISE FROM LEFT
Free diving in Tajma Ha Cenote offers inimitable sights; the El Castillo temple in Mexico; there are plenty of cafes to relax at in Ljubljana; the perfect summer travel look from **Brunello Cucinelli**



taste in architecture, evident in the centuries-old temples. The 13th-century, walled archaeological site at Tulum National Park overlooks the sea while the Cobá archaeological site has pyramid-shaped temples with views of the surrounding jungle. But what was once a quiet, laid-back coastal town has turned into a luxury destination replete with nightclubs, spas, yoga retreats, fine dining restaurants, and plush resorts. Before Tulum turns into an Ibiza, pack your bohemian outfits and rush here.

BEYOND THE CITY: Go to Cenotes Labnaha & Eco Park, where a non-profit organisation that works to sustain local communities, conducts guided tours of the water caves. You'll ride through deep jungle before getting to the caves. Once in the water you'll swim to see the stalactites, the wildlife, and understand the significance of the caves to the Mayan community.

LJUBLJANA, SLOVENIA

A different face to Europe, Slovenia moves away from the high life and introduces you to the laid-back holiday. Its capital Ljubljana, set on the banks of the Ljubljanica River, is dotted with museums, cafes, and modern architecture. Pedestrian-friendly, this gorgeous city was

named Europe's green capital. A thriving indigenous wine industry and a vibrant F&B space that's about to get its first Michelin Guide this year, make this tiny nation a must-visit. It's the Europe experience without any fuss—be it monetary or crowds.

BEYOND THE CITY: Slovenia's other chief attraction is the glacial Lake Bled, just 55kms from the capital city. In the Julian Alps of the Upper Carniolan region of northwestern Slovenia, the lake adjoins the town of Bled—pink skies and meadows competing with Ireland is what you'll find here.



VALLETTA, MALTA

The tiny Mediterranean isle, between the coast of Tunisia and Sicily isle, is all of 122 square miles, and is giving everyone some serious travel goals. In the last decade, Malta has forced its way into recognition after its appearance on *Game of Thrones*. Valletta, its walled capital city, is easily explored on foot, and is known for its museums, palaces and grand churches. Baroque landmarks include St. John's Co-Cathedral, which houses the Caravaggio masterpiece 'The Beheading of Saint John.'

BEYOND THE CITY:

Visit the Hal Safflieni Hypogeum, a 6,000-year-old series of underground burial chambers and now a UNESCO World Heritage Site. Made of coralline limestone, it was discovered in 1902, and it is estimated that more than 6,000 people were buried



CLOCKWISE FROM LEFT St John's Co-Cathedral in Malta is a spectacular spot to visit; the streets of Malta are full of architectural delights; a basket boat tour in Vietnam; a versatile **Gucci** handbag; a link bracelet from **Hermès**; the multi-usage bag from **Shivan & Narresh**; summer platform sandals from **Michael Kors**; **Ermenegildo Zegna's** sleek suitcase

there. A bit out of Valletta, it allows only 300 visitors per day.

DURBAN, SOUTH AFRICA

Always nudged out by Cape Town, Durban hasn't quite got its due as far as places to visit in SA go. Boasting high-end resorts, fashionable local boutiques, pristine beaches, art galleries, sumptuous food, and a unique amalgamation of Afro-Asian culture, Durban is a brilliant offbeat summer destination. The famous Moses Mabhida Stadium is open for travellers to ride the Big Rush Big Swing, the tallest swing in the world. The slick Golden Mile promenade is home to trendy bars



and cafes. The warm waters of the beach make it easily accessible, and don't worry about the sharks—there are nets all year long.

BEYOND THE CITY: Take a trip to the privately-owned Phinda Game Reserve, in the lush Zululand area. The 14,000 hectares of conservation land showcase Africa's Big Five, and over 380 species of birds. Lesser known is the nearby coast of Sodwana, which boasts of marine diversity that some have compared to the Great Barrier Reef in Australia.

HOI AN, VIETNAM

Those who visit Vietnam know that the real gem beyond Hanoi and Ho Chi Minh City is Hoi An. A perfect summer destination, it has a World Heritage Site status under its belt, and many of its buildings are designated historic landmarks. With a well-preserved ancient city, at Hoi An

you'll witness a little bit of the country's past—wooden Chinese shophouses and temples rub shoulders with French colonial buildings and ornate Vietnamese tube houses. Experience the glory of this ancient town on foot to soak in the beauty of centuries-old temples.

BEYOND THE CITY: Head south to Phu Quoc island, for Instagram-worthy sunsets on azure blue beaches. Take an island tour or just laze by the sand before devouring some delicious Vietnamese street food, or European fare. Plush resorts make this a rejuvenating holiday you'll want to repeat year on year. ♣





Rise Of The Alpha

The reach and appeal of luxury is undergoing a radical change, as much in creativity as in retail

BY DINAZ MADHUKAR

NO one can deny how luxury has become more experiential than a symbol, but the change goes deeper than that. Boston Consulting Group (BCG) estimates that the personal and experiential luxury market will grow to €1,126 billion by 2024, but it also highlights how brands will have to become more customer-centric. Even with the rise of digital, brands have to contend with the human aspect of technology, building traction with millennial, digital-first buyers.

The signs are everywhere you look. From the visual merchandising of stores to radical runways, brands seek a deeper, more emotional connect with their consumer. Luxury is no longer about the magnificence of a product, but how well it integrates itself with changing lifestyles. Collaboration is the key, with brands extending themselves by tying up with equally venerable hospitality purveyors and newer segments. Louis Vuitton has become the official trophy travel case provider for the National Basketball Association (NBA), and Gucci continues to show dramatic growth based on its eclectic, urban collections, for instance.

From Milan to Tokyo, the format

of retail has evolved to become more inclusive and more approachable. And, of course, more responsible. Brands have reoriented themselves to focus on sustainability, and the result is becoming apparent almost immediately. The Savigny Luxury Index (SLI), in fact, reported a two percent rise in December 2019, for a yearly gain of 44 percent. Younger consumers are striking a balance between online channels and physical stores, as companies such as LVMH and Kering make moves to reinvent

Like Audrey Hepburn's character in Breakfast At Tiffany's, new luxury consumers are allowing brands to revisit their roots in a world of creative individuality

stores as community centres, housing scores of products across different categories. Kering has also announced that it seeks to become carbon neutral across its operations.

What is also interesting to note is how the collections themselves are reflecting this change. Silvia Venturini Fendi, the granddaughter of Fendi's founders and its new creative director, showcased her vision of street style meets femininity in a world of

hope. It captures the ethos of the changing luxury consumer, driven as much by beauty as price. Similarly, Tiffany & Co. continues to evolve its store windows with an eye for the unexpected but delightful.

According to the Luxury Institute, a leading luxury market watcher, consolidation in the luxury market will also force brands to realign themselves to the changing scenario, as *maisons* compete for relevance and customer appreciation. The Institute's Global Luxury Expert Network

(GLEN) highlights how luxury houses are re-examining the value of brand heritage, and working closely with local influencers to stay ahead on the relevance curve.

Loyalty is based on emotional appeal, and opinion leaders, as much as celebrities, are driving the change. In most brand flagship stores across the world, legacy has become an overarching umbrella, surrounding new-age products, brand collaborations



and locally-relevant campaigns. It turns out the brand's ecosystem has also evolved, as Gucci's creative director Alessandro Michele has proved with his unique products and influencer-led communication.

Customer service and exclusivity, including bespoke services, are likely to become more critical in 2020. This is true for retail, of course, but also for community events. Capsule collections, pop-ups and masterclasses are becoming more the norm than the anomaly. Even as reinvention has allowed brands to retain new millennial consumers, the consumers' 24x7 lives ensure that the brands must focus on individuality. This necessitates a dynamic creative overview that can remain fresh and

non-conformist. Social media is a huge part of this growth, as brands can engage with the consumer immediately. This has further helped brands develop seamless brand relationships, and focus on omni-personal services. A slew of highly-personalised services attract consumers more than brand history, driven by data monitoring and the re-humanisation of technology.

As designers work without bounds and get the freedom to explore new themes and product lines, retail evolves to better segment their collections and display. This, in turn, helps sales and client-servicing teams to allow for newer, more personal shopping and interaction experiences—through multi-channel

messaging, personal invitations and concierge services.

Retail has also become about consumer-to-consumer selling, as peers and local influencers become key to reaching new patrons. According to Deloitte, this has become critical in an age of fast-changing trends and the rise of the HENRY (High-Earners-Not-Rich-Yet) consumer class. Composed of millennials and Gen Z, these consumers are not just tech-savvy, but also sensitive to creativity and price. They place a high value on sustainability, but are also keenly aware of how to spend their disposable income to create unique and wearable collections. And, at the same time, build their own legacy. ♣



Revolutionary Wellness Ideas

From unusual regimes and treatments to über-specialised workouts, here's a round-up of the latest trends in wellness from around the world

BY AAKRITI JASWANT

Wellness has become a watchword for 2020, because it combines the protocols of fitness, sustainability and inner balance. There's no better time than the early months of the year to include some wellness in your daily life, or to try some new ideas from around the world. Or, better still, to plan your family's travel around it. We tapped some of the world's best experts to give us insights into their new favourite regimes, philosophies or treatments. Here are the best.

Use adaptogens

Derived from herbs and plants, adaptogens have become the star of wellness mantras with their pharmacological effects, anti-anxiety properties, and the ability to modulate stress levels. They can be consumed as effective supplements or applied topically on the body. Many people mix adaptogens in their smoothies or their morning coffees to balance their

hormonal levels and combat excessive tiredness. A popular Ayurvedic herb, *ashwagandha*, is renowned for its ability to bring down the stress hormone cortisol and increase adrenal function. It also helps reduce anxiety and inhibits tumour growth.

TRY IT AT Café Gratitude in Venice serves an energy-infused Restored Adrenal Latté made with *ashwagandha* and *gynostemma* tea, as well as the Immortal Ayurvedic Latte prepared with *reishi*, *shilajit* and *mucuna pruriens* that are excellent substitutes for coffee. (cafegratitude.com)

Try Lagom

An ancient Swedish lifestyle trend, Lagom works on the philosophy of balance. Literally, "not too little, not too much", Lagom focusses on a positive set of life choices that will make you happy. The idea behind Lagom goes beyond emotional well-being to embrace belongingness and

shared responsibility. A minimalistic approach towards a healthy lifestyle is the underlying principle of Lagom, which stresses on the mantra "less mess equals less stress". Effective measures for putting Lagom into practice include clearing unnecessary clutter from your life, donating things you don't use to the needy, and minimising extra purchases by using the things you already have at home. It is said to develop healthy eating habits with food prepared with simple and tasty ingredients, and a positive outlook towards life.

TRY IT AT The boutique El Cosmico campsite in Texas has been designed to relax your senses and let you experience a balanced life. It offers accommodation in restored vintage trailers and Sioux-style tepees, and has access to several communal common spaces like a hammock grove, an outdoor kitchen, and a dining area, with exceptional stargazing. (elcosmico.com)

The ancient Swedish lifestyle practice of Lagom is all about balance. It literally means, "not too little, not too much" and focusses on a positive set of life choices that will make you happy





New-age workouts strike a balance between working the body in resonance with the brain. A measured approach to turning your regime into a hormone-conscious session can boost mental and physical well-being



Sweat it out with a cortisol conscious workout

Long workouts can exhaust your body and trigger a wave of cortisol, the stress hormone. Under extreme pressure, cortisol can temporarily interrupt bodily functions and result in a slow metabolic rate. An overrun of cortisol can result in health issues such as obesity, insomnia, heart disease and digestive problems. A mindset shift has become common to strike a balance between working the body in resonance with the brain. Fitness enthusiasts are beginning to take a measured approach, turning to sweat sessions that are hormone-conscious, and suitable for their mental and physical well-being. Shorter training sessions have become the norm, with 30-minute classes that combine short, heart-rate pumping and strength-training exercises.

TRY IT AT P.volve in New York City offers a workout that involves everyday activities to strengthen, tone and shape your body in a natural manner that is sustainable, nurturing and has long-lasting results. (pvolve.com)

Get some chlorophyll

A popular detoxifying agent, this dark-green pigment is a great source of energy and has numerous health benefits. Chlorophyll is available naturally in whole fruits

and vegetables, and in the form of modern-day supplements. Chlorophyll water, which boosts the number of red blood cells and is rich in micro-nutrients and antioxidants, is becoming very popular. It has anti-bacterial properties, the ability to fight acne and helps in weight loss. All you need is a lemon, some ginger and liquid chlorophyll mixed in water, and your energy drink for the day is ready!

TRY IT AT Try the stress-busting and detoxifying Treatment Chlorophyll Oxygen at b'o Resort's Spa Thermal in France. The five-day journey includes detoxifying hydrotherapy sessions, soothing spa treatments, oxygen-enhancing activities, and a detox smoothie a day, all of which purify and oxygenate the body. (bo-resort.com)

Try facial cupping

This ancient Egyptian healing practice has become a favourite with health and wellness enthusiasts for its multiple healing and rejuvenating properties. It relaxes your skin and facial muscles with the help of suction cups. The suction effect pulls blood into the area of skin below the cup, which infuses the surrounding tissue with fresh blood and helps in new blood vessel formation. It increases circulation, relieves muscle tension, strengthens connective tissues and helps in cell repair. The process

of suction also helps the skin by regulating oil production, minimising puffiness, and considerably eliminating scars and wrinkles.

TRY IT AT Ildi Pekar's Wellness Studio in New York City offers its patented Magnetic-Cupping Facial, which promotes an overall sense of well-being by accumulating nutrients on the surface of the face. (ildipecar.com)

Include some collagen

A naturally-produced protein, collagen literally holds your body together by strengthening the bones, muscles and skin. It's deservedly in the limelight because it helps improve skin elasticity, reduces wrinkles, and cures joint pain. However, this plentiful protein starts wearing off as we hit our 20s, and so millennials are resorting to the popular trend of ingesting collagen to continue availing its benefits. Tasteless collagen powder can be mixed in smoothies, soups and smoothie bowls. Collagen-boosting ingredients are also infused in facial creams, masks and clothing items.

TRY IT AT The Body & Collagen Facial Treatment at Enoshima Island Spa in Kanagawa, Japan, is renowned for its restorative processes. The treatment uses a collagen toner, serum and facial mask to moisturise skin and improve skin elasticity. (enoshimaislandspa.com) ✦

beauty

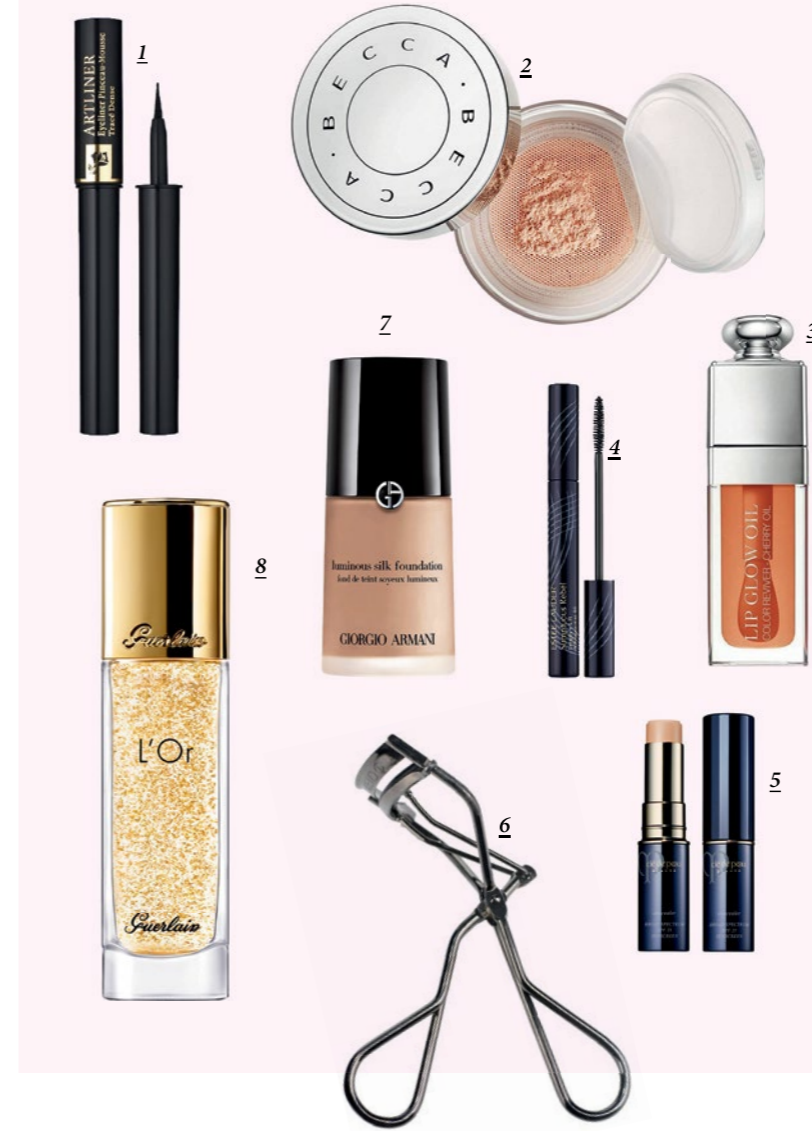
GLAM MEETS LUXE



Gulabo by Abu Sandeep

FREE FOR ALL

No matter what your singular aesthetic is, the 2020 beauty look includes it. Why's that? Because, finally, there is no 'one' look. There are trends and some colours that you'll see more of, but this year, beauty is coming out of the box and becoming more inclusive than it's ever been. You don't have to pigeonhole your vanity kit to fit any societal standard. To sum it up, the trend is whatever you want it to be, and in these pages, you'll find the tools to get there.



Set To Impress

These make-up essentials are the true game changers in the world of beauty

BY AMEESHA RAIZADA

1 LANCÔME Artliner

Thousands of women swear on the Artliner, including the Duchess of Cambridge, Catherine. This long-lasting liquid eyeliner is felt-tipped for precise, effortless shaping. Whether you wish to create a dramatic cut-crease or sexy wings, the intense smudge-proof pigment will add definition to your eyes. (₹2,200)

2 BECCA Hydra-Mist Set & Refresh Powder

Like a divine veil, this ultralight and translucent setting powder guarantees extended wear and a smooth matte finish for your make-up. You can now say goodbye to chalkiness and concealer creases. When re-applied, the cool mist will revitalise the glow of your make-up. (₹3,600)

3 DIOR Lip Glow Oil

In sync with the season of spring, this lip oil is available in six youthful hues with a zero-grease gloss finish. Infused with cherry oil, it helps nourish and protect the lips, bringing back your natural lip colour over time. (p.o.r.)

4 ESTÉE LAUDER Sumptuous Rebel Mascara

Combing smoothly, the sleek brush lifts, lengthens and adds volume to your eyelashes without flakes or clumps. You can wear this mascara both for a night-out or a day at work to deliver a bold statement with your lush lashes. (p.o.r.)

5 CLÉ DE PEAU BEAUTÉ Concealer

A tried and true classic, this concealer has a secret, creamy formula that cloaks circles, spots and other imperfections without caking. It also helps your skin repair damage and provides SPF 25 protection. (₹5,000)

6 SHISEIDO Eyelash Curler

For all the women with stubborn lashes, this is the answer. It gently curls from base to tip with flexible silicone pads. Curlier and sexier, your lashes will up the glamour. (p.o.r.)

7 GIORGIO ARMANI Luminous Silk Foundation

Inspired from the sheen of royal charmeuse silk, this weightless foundation seamlessly blends into your complexion, giving it a luminous finish. You can use this with a blender brush for an air-brushed look. (p.o.r.)

8 GUERLAIN L'Or Primer Base

Apply this illuminating primer before your make-up to smoothen fine lines. Enriched with pure gold, this gel gives the skin a subtle radiance that lasts all day long. The pump dispenser makes it easy to use and carry. (₹4,675) ✦

An Everlasting Glow

Overhaul your beauty closet in 2020, making it clutter-free and easy to maintain, with new products that meet specific needs

BY LATHA SUNADH



1 KNOW YOUR INGREDIENTS

Gone are the days when you used products without knowing what's making them work. Most labels nowadays are transparent, talk up their ingredients, and work only with effective ones. Getting to know your ingredients is a big task but it helps simplify your skincare regime—add vitamin C for brightening, retinol for anti-ageing, salicylic acid to reduce acne, and Bija cica to fortify the skin's barrier.

STAR PICK Lancôme Visionnaire

Skin Solutions 15% Vitamin C Correcting Concentrate

2 HYDRATION IS THE KEY TO GOOD SKINCARE

No matter how many skin issues you have or what kind of skin type you are born with, adequate hydration is probably the biggest concern for everyone. Time to introduce hyaluronic acid into your regime and keep it there forever. It's the only ingredient that makes sure whatever you apply or use seeps in, and keeps

your skin looking visibly fresh and plump.

STAR PICK Guerlain Double R Renew & Repair serum

3 USE SUNSCREEN

The last decade saw an exponential increase in the popularity of one product—the ubiquitous sunscreen. Whether it's sunny or cloudy, this product is non-negotiable. The best thing we learnt this year is that sunscreen is the first step to anti-ageing and preventing sun damage. Use it as the last layer but let it not be forgotten.

STAR PICK La Mer Broad Spectrum SPF 50 UV Protecting Fluid

4 REMOVE MAKE-UP RELIGIOUSLY

Clogged pores and skin issues only come with pollution, grime, and residual make-up left on the face after a hard night of partying. That means, before the double-cleanse, one needs to remove make-up. Use a good make-up remover—there are separate ones available for eyes and the rest of the face because the eyes need stronger ingredients to remove waterproof make-up. We also love how washcloths and make-up removal towels are getting popular.

STAR PICK Bioeffect Micellar Cleansing Water



5 INVEST IN SPECIALTY CREAMS AND TOOLS

The last few years have seen a dramatic increase in the attention paid towards revamping the beauty industry. We have new technology redirecting our skincare efforts into newer spaces. This year, invest in the details—a good neck cream, an eye cream that takes care of the constant computer glare, a neat massager for the skin, and even facial tools like jade rollers and cleansers.

STAR PICK Foreo Luna Mini

6 CHEMICAL EXFOLIATION: INCORPORATE MORE ACIDS

Acids are not new but they are being extensively used in skincare regimens to get that glowing look. The two primary categories in acids are alpha hydroxy acids (AHAs) and beta hydroxy acids (BHAs), and their main job is to slough off dead skin cells and make sure your skin is brighter and clearer. They take care of fine lines, reduce hyperpigmentation, and balance sebum production. The trick is to layer them on after your toner. And use retinol and vitamin C sparingly when you are using acids.

STAR PICK Sunday Riley Good Genes All-In-One Lactic Acid Treatment

7 DOUBLE-CLEANSE YOUR WAY TO GOOD SKIN HEALTH

Good skin comes with a secret and that's a good 'double-cleanse'. What started out as an internet fad is now *de rigueur* in every fashionista's beauty regime. What is a double cleanse? An oil that is used to remove your make-up first, followed by a regular cleanser. Two cleanses ensure a much more thorough approach. What we noticed is our skin breathing better, layers of grease vanquished, and of course, a more cleaner wash. The key is the emulsification that comes with the oil cleanse, which removes grime and make-up from the inside.

STAR PICK Bobbi Brown Soothing Cleansing Oil

8 INFORMED SUSTAINABILITY

While 2019 saw many vegan, organic, natural, and sustainable labels crop up, what it missed is dedication to the cause and follow-ups. We always advocate looking at certifications and not just plain popularity. A good programme that takes care of used bottles, glass bottles, and sustainable packaging is another—look for labels that follow through and are not just a flash in the pan.

STAR PICK Tata Harper Rejuvenating Serum



All Eyes On You

The world of glamour and glitz is dynamic, to say the least. These are the trends that are predicted to top the bucket lists of beauty enthusiasts this year

BY RITIKA DIXIT



Originally a style made iconic by supermodel Twiggy in the 1960s, the trend of floating eyeliners has now resurfaced. The floating eyeliner sees a graphic line drawn along the crease of the eye, rather than the lash line. Positioning is key here because if it's too high, you'll look surprised and if it's too low, you won't see it. Some of the best looks are when the eye base is kept neutral and a bold coloured liner is then used in the crease. Another trend that has been around for a while now and is seeing a resurgence in the world of

make-up is that of watercolour eyes. Neon eyeshadow palettes work well for this look. Dip your brush in water, then apply a light dusting of eyeshadow and sweep it over the lid to create a soft wash of colour. Repeat the process with different complementary shades for a delicate and beautiful pop of colour. Or, simply indulge in the softer, muted trend of lilac eyeshadow: a subtle wash of pastel purple with no eyeliner and little to no mascara.

The best part of this neon make-up trend is how easy it is to apply. A swipe of eyeliner or a fuchsia lipstick gives a

put together, adventurous look. With a bold liner in place, keep the rest of your make-up neutral or add an extra bright lip as a contrast for the perfect look. The colour popping need not stick only to the eyeshadows and lipsticks; coloured mascara will replace the classic black. A shot of fuchsia, bright teal or bold purples, the brightest colour wins the show.

Next comes the raging trend of water tint foundation. It all harks back to the fact that more and more people want their skin to look like skin. Only the thinnest veil of hydrating coverage is needed to have a uniform base.

The trend of shimmery, over-done highlighting is over. Now, for a subtle glow that catches the light and emphasises without overwhelming, the trending lit-from-within highlighters are the best pick. With a dewy, glossy highlight, these highlighters are best when the look needs to be more luminous than glittery.

While the classic bold red lip colour with minimum shimmer will never go out of style, the trend of flushed, glossy lips is new, and welcome, on the block. Sheer nudes and earthy tones will make for an almost glossy finish with a balm shine that is barely there.

Whatever you choose, the verdict is in: beauty is more and more being accepted as a form of self-expression and self-acceptance, a way for people, regardless of gender, to portray how they want to be seen. So, this decade, gear up to make a statement, or do away with make-up entirely, if you so desire. After all, it's your face and, thus, your canvas. ✨

Scent Of A Woman

With a floral heart and lingering drydown, these are the fragrances of the season



- 1 BVLGARI Le Gemme Irina**
Top notes: magnolia essential oil, jasmine petals absolute and musk
- 2 CREED White Flowers**
Top notes: jasmine, geranium and rose
- 3 CHANEL Coco Mademoiselle**
Top notes: amber accord, tonka bean, vanilla and patchouli
- 4 BOTTEGA VENETA Murano**
Top notes: citrus and flora
- 5 JO MALONE Mimosa & Cardamom**
Top notes: cardamom and lemon
- 6 GUCCI Bloom**
Top notes: tuberose, jasmine, and Rangoon creeper
(All prices on request.)

The Interior Edit

For the new decade, consider this your guide to revamping your home

BY VARUN SARIN



Nicobar



Casa Paradox



Casa Paradox



Janavi India

Changing your home doesn't mean getting into a massive overhaul. Sometimes, all you need to do is change certain elements in order to redo and free up the space. Try some of these tips to feel the difference.

MYRIAD HUES

There seems to be a shift towards warmer nudes and earthier tones such as terracotta, dusty pinks, cinnamon, beige and khaki. Of

course, the Pantone colour of the year, Classic Blue, can be used in many ways thanks to its versatile composition. It provides a stately and sophisticated look to any room, and when you contrast it with white trimming, the result is exquisite. In fact, your all-white kitchen could get a new look by simply painting the cabinets this shade.

RAW MATERIALS

Sustainability being a key buzzword

has influenced both companies and trendsetters to be more conscious of it. Consumers are doing their bit by opting for brands that recognise the need for a sustainable environment. Therefore, recycled and upcycled pieces are the way to go, along with handmade products. Natural materials like solid wood, brick, bamboo and stone will also take centre stage.

AGE-OLD INFLUENCES

We saw a resurgence of vintage influence in fashion, and now it's reached your home decor. This year, keep an eye out for traditional detailing in the form of spooled legs and spindles. However, make sure that these items are the focus. Don't put too many together in the same room; they do need their own space.

RETURN TO NATURE

Essentially, human beings tend to seek out deep connections with nature. Earthy colours, natural materials and fibres, plenty of daylight, fragrant plants; all of these elements help bring you closer to nature and make you feel calmer and more peaceful.

ADD THE DRAMA

Whether it's through metallic highlights or sculptural lamps, make a statement. Canopy beds are one way of doing so in your bedroom, while colourful cutlery works well in the kitchen.

THE ENTRANCE

Get comfortable before you even enter your house by changing up the face of it. This can be done by placing some olive trees right outside, or adding tapestries to the walls near the door. ✦

The Exclusive Club

Greet the new decade with our top picks for gifting (don't blame us if you want to keep them all for yourself)

BY PALLAVI SINGH



Casa Paradox

The flowing lines on this porcelain dining set reflect the depths of malachite, personifying nature's healing power. Part of a luxury gifting series, the pieces have details inspired by the Amazon.



Tiffany & Co.

The legendary jewellery brand is unveiling new designs and textures, and this whimsical cat bowl, crafted from bone china, assures a luxurious look and feel. It's perfect for you and your furry companion.

Ravissant

The silver-plated fruit bowl is crafted to be the centre of attention on every table. The mesmerising surface design imbues elegance to every piece in the collection.



Arq

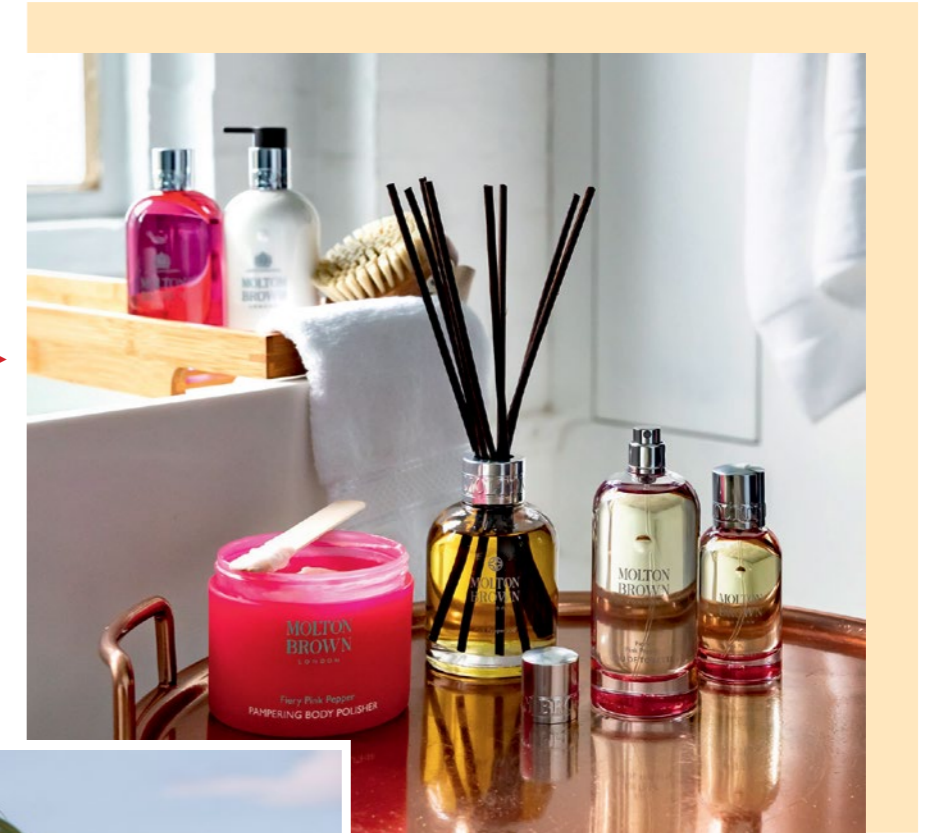
India's age-old love for *mithai* is celebrated with the insta-worthy Tiara Classic Box. The luxury confections are handcrafted with organic ingredients.





◀ **Janavi India**

The tribal aesthetic of the cushion makes it a statement piece for your home. Make it even more effective by pairing it with this blanket, with a cascade of leaves, forged by its weft and warp.



▶ **Molton Brown**

With an enticing infusion of pink pepper, ginger and rich patchouli, the Pink Pepperpod Aroma Reeds brews a humid dusk, filling your home with a sultry, spicy aroma.

▶ **Brunello Cucinelli**

Complete your tuxedo look with an elegant pocket square. This collection sports a modern touch with prints, including polka dots or a washed-out effect, or both.



▶ **Nicobar**

Crafted with natural stone, this *kulhar* set will bring the sea breeze straight into your home. The motifs adorning the ware are inspired by the landscape of Zanzibar. ♣

(All prices on request.)

Evolution Of Faultless Lines



Masterful recreation by Mulliner has brought the Corniche, a pivotal Bentley model originally created in 1939, back to life. It is a car that combines the best in coach building and automotive engineering
 BY NEHA KAUSHIK

The famous British automobile company had dubbed it “the missing link.” Car collectors and enthusiasts called it a car to have. And the fraternity testifies that it is one of the most elegant coupés ever made. And it certainly has a place of pride in Bentley’s illustrious past.

These accolades and fanfare stem from the fact that only one of these models was ever made. The Corniche was a sublime rendition of the marque’s design pedigree, and was conceived to be a high-performance version of the MkV saloon (also an iconic model originally launched in October 1939). The Corniche was, in fact, the bridge between Bentley’s Embiricos 4¼ Litre and R Type Continental.

The original Corniche was lost in France in 1939, at the outbreak of World War II. Extensively damaged in an accident during road

tests in France, it was sent for repairs to the Bentley plant in Derby. Fatefully, the bodywork was then destroyed in a bombing raid on Dieppe.

For years, volunteers from the WO Bentley Memorial Foundation and the Sir Henry Royce Memorial Foundation have been trying to recreate the Corniche, but it was finally accomplished by Bentley’s in-house bespoke and coach-building division, Mulliner, in 2019.

By using the original technical drawings and

original Corniche and MkV mechanical components, the Mulliner craftsmen and engineers were able to rebuild the Corniche, identical in every detail to the original.

It’s easy to see how the model’s radical styling introduced ‘streamlining,’ setting the stage for Bentley’s design language. It is a vision in its Imperial Maroon and Heather Grey paint, and period-appropriate interior in typical Carrosserie Vanvooren style, with sleek lines and unique trims. ✦





Eclectic Eating

With the launch of three new restaurants, The Lodhi is firmly establishing itself as a culinary standard in the capital's food scene. *The Edition* takes a look at the award-winning restaurants that offer an unmatched dining experience

The world is shrinking, and as seasoned travellers traverse geographies in search of varied experiences—especially culinary—hotels and restaurants are going that extra mile to curate international menus, reinvent food traditions, customise meals, incorporate homegrown produce, and present unique foods to the aficionado. The Lodhi is one such hotel that has kept its F&B firmly at its core, and its award-winning team and restaurants bears testimony to its commitment to making dining a world-class experience. So, be it a Keto diet-friendly dish or a rare whiskey, a Japanese Warm Eel Roll or the exclusive Kopi Luwak coffee from Vietnam, The Lodhi will ensure you have a dining experience like no other. Curated and crafted by Michelin Star chefs and a team that has several years of expertise and experience, The Lodhi's restaurants are all unique, with each one carving a path of culinary excellence in New Delhi's food scene. The hotel has recently launched three new spaces for food lovers and each of them should be on your must-visit list.

Set on nearly seven pristine acres,

the hotel is conveniently located on the arterial road to central Delhi, yet remains shielded from the bustle of the city. The Lodhi's Food & Beverage experience promises diverse options ranging from local specialties to international delicacies. These award-winning restaurants, including the iconic Indian Accent located on the hotel's premises, are a popular social epicentre for residents and guests alike, providing the perfect setting for special occasions and meetings. We spoke to the team at The Lodhi, headed by Vice President and General Manager, Mr. Vikram Aditya Singh, to understand how the hotel has upped the ante when it comes to the city's dining scene, and emerged as the go-to address for all things haute and happening.

"We have sequentially mapped out the guest journey experience and focused on enhancing every guest touch point over the years, especially our F&B. We have engineered our quality of service on standards based on customer expectations and have even introduced a unique Personal Preference Menu, which is given to every guest before check-in. This helps us deliver a highly personalised



experience for each of our guests, right from their choice of level of service, to their dietary preferences”, says Mr. Singh.

For a guest, the food experience begins with breakfast, and Elan at The Lodhi has taken this to another level with its exceptional concept of an unlimited, fresh, made-to-order à la carte breakfast. The extensive menu includes innovations such as the Energizer Breakfast which comes with a vitality juice, egg white omelette, multigrain seed bread and pomegranate yoghurt; to traditional Japanese and French breakfasts.

A melting pot of flavours from around the world, Elan presents myriad authentic cuisines and boasts one of the most scenic alfresco dining areas. The restaurant also features a Teppanyaki Theatre and Sushi Bar helmed by Japanese Master Chef Noboru Ozeki. It is said, it takes 10,000 hours of practice to become a master at anything; Chef Ozeki has more than 1,00,000, making him the ‘Real McCoy’ and aficionado of this culinary art.

He is joined in the kitchen by Chef Nurul Bashar, who brings to the table over 16 years of expertise in India’s provincial cuisines and its 1,000-year-old royal culinary legacy, and Chef Trivendra Rawat, who is passionate about recreating forgotten Indian recipes. Together with Executive Chef Vijay Thapliyal, who is a maestro of Oriental flavours, the team at Elan is constantly working towards creating new culinary experiences for its patrons.

Adding to its acclaimed dining experiences, The Lodhi recently launched three new spaces for food lovers in Delhi and those visiting the city. Curated by Michelin Star Chef Adriano Baldassarre, Perbacco offers an inventive approach to contemporary Italian dining infused with traditional



flavours. Chef Prem Pal, The Lodhi’s Executive Sous Chef and European cuisine specialist, has co-curated the menu, which presents classic Italian dishes for lunch and progressive offerings for dinner.

The restaurant’s ambience is elegant and chic; a Murano glass-inspired lighting installation and a vibrant Tuscan landscape artwork create the look of ‘Italian Spring’. It features an exquisite private dining area, a dedicated wine cellar offering over 100 labels from various Italian regions, along with a Sommelier to assist with your choice of wine. The restaurant also has the innovative concept of ‘Express Lunch’—a four-course authentic Italian meal that can be enjoyed in 20 minutes on a busy workday.

Next to Perbacco, the Safari Lounge has a spectacular setting to unwind in the evening before one heads for dinner. Showcasing an exclusive collection of wildlife photographs by Dr. Latika Nath, a renowned author, wildlife and art photographer, and one of India’s first female wildlife conservationists, the lounge offers a unique ambience. There’s a collection of cigars to choose from and the highlight here is the repertoire of rare whiskies. Along with The Electric Room, which is one of the most popular nightspots in town, the Safari Lounge serves over 200 inventive cocktails crafted by a team of ace mixologists who can set the mood for the evening. Signature concoctions include the Safari Martini with Roberto Cavalli vodka, dry vermouth, gorgonzola stuffed olives and mint, Paloma Italiana with campari, tequila, agave, grapefruit and soda, and Bufala Negra with whiskey, basil, balsamic and ginger ale.

Another recently opened dining experience at the hotel is Yokoso by





Curated and crafted by Michelin Star chefs and a team that has several years of expertise and experience, The Lodhi's restaurants are all unique, with each one carving a path of culinary excellence in New Delhi's food scene

celebrated Chef Shubham Thakur, which presents a veritable mosaic of Japanese flavours with a contemporary touch. The imaginative menu showcases Japanese ingredients and locally grown produce passionately combined together into delicacies like Tako Sashimi, Warm Eel Roll, Spicy Crab Roll, Tonkatsu and Kakiage Ramen, and Salmon Steak, which can be paired with exclusive Japanese whiskies and cocktails.

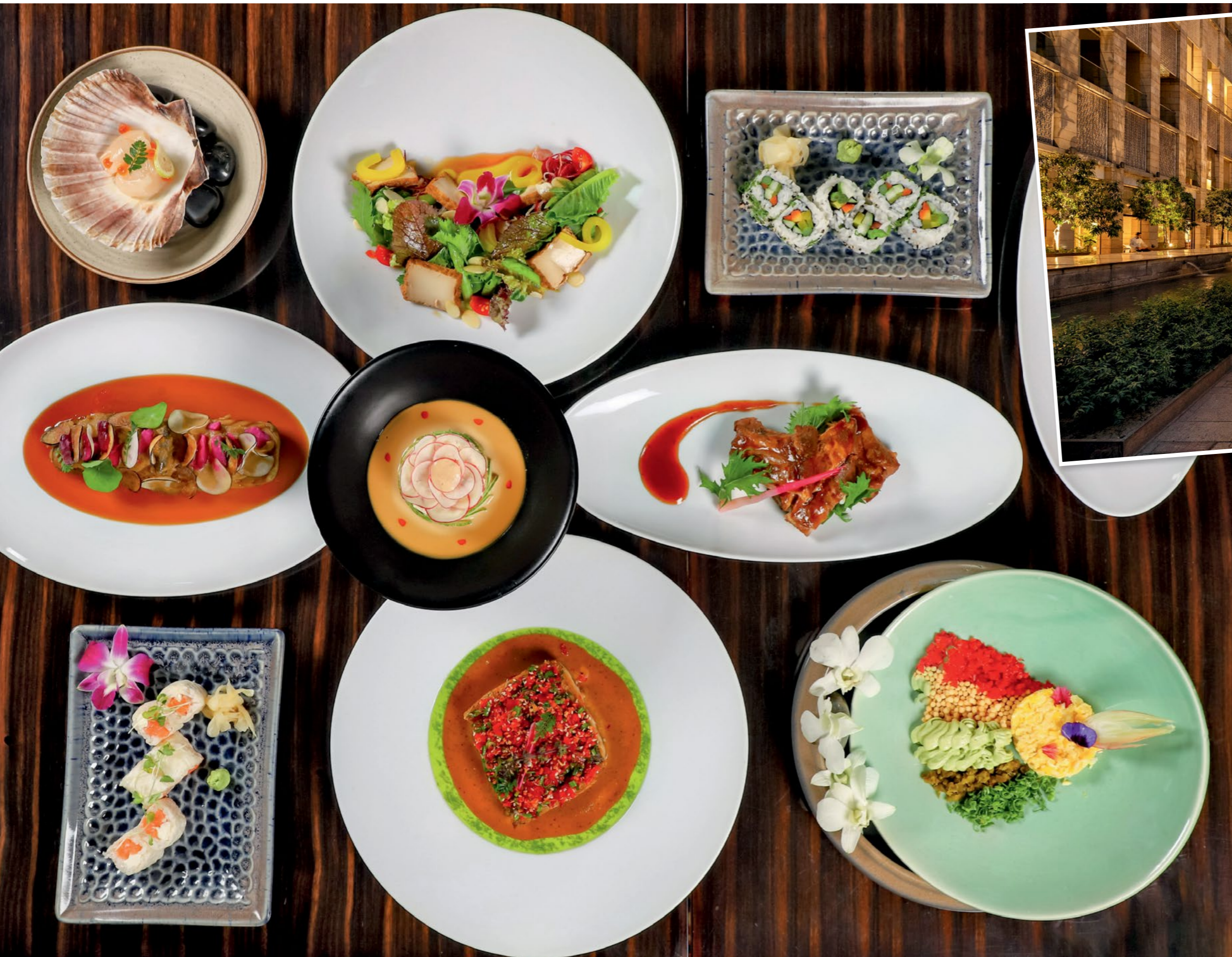
For the modern gourmand, The Lodhi has also introduced a new contemporary Thai menu featuring

offerings such as Crispy Soft-Shell Crab with Chili and Peppercorn, Tofu Med Ma Muang, Chocolate Chili Tart, and more.

With 32 different types of specialty teas and coffees on offer, like the Ethiopian Sidamo, Kopi Luwak from Vietnam and the Brazilian Santos, Elan, Silver Lounge and the Pool Café have tranquil, discreet seating areas that are evenly placed, so you have ease of conversation. The Lounge also offers a quintessential afternoon High Tea—one of the finest English traditions, where guests can indulge in a selection

of finely-cut sandwiches, freshly-baked scones with Devonshire cream, delectable pastries, teacakes, et al.

Keeping in mind that health and wellness are increasingly influencing and redefining the food culture, The Lodhi's culinary team has crafted a wholesome range of Cold Pressed and Green Juices, Grains and Greens, Smoothies, and more. The team is constantly looking to find ways to make guests more comfortable by pre-empting requirements and can personalise menus as per individual dietary preferences—be it Ketogenic,



gluten-free, lactose-free, or anything else. They have even come up with distinctive options ranging from Cauliflower Biryani to *Badaam ki Roti*.

One can also savour the cuisine of the sun and sea with the Mediterranean offering at the Pool Café, paired with the best of Sundowners, Boozy Slushes and invigorating Coolers like Lynchburg Lemonade, Sparkling Campari Lemonade and Celery Gin Tonic—a perfect indulgence for summers while lounging by the calming blue.

Desserts are yet another specialty at The Lodhi, not only at its patisserie but across all its restaurants. From sugar-free pastries to gluten-free breads and much more, the quality of desserts and breads here surpass any other in the city.

Speaking on the variety of cuisines offered at the hotel, Mr. Singh adds, “The Lodhi is the intuitive expression

of a contemporary yet stylishly confident India, and F&B is just one of the many experiences we focus on. We take great pride in our expert team of culinary artisans who specialise in curating the finest fare from across the country, as well as the globe.” ♣

Keeping in mind that health and wellness are increasingly influencing and redefining the food culture, The Lodhi's culinary team has crafted a wholesome range of Cold Pressed and Green Juices, Grains and Greens, Smoothies, and more

l'homme

FOR THE GENTLEMAN



Tom Ford

JUNGLE CALL

The call of the season is prints and statement hues, and brands such as Tom Ford are coming through. Crafted from leopard-print fabric, this Atticus cocktail jacket from the brand transitions from trendy to classy without skipping a beat. Pair it with a plain white T-shirt, or dress it up with an evening shirt. Either way, this is the look of the summer.

Beau Of The Ball

Handsome is as handsome does. Add these minimal yet potent essentials to your grooming routine

BY AMEESHA RAIZADA



ARMANI MEN The Face Wash

Undo the effect of pollution on your skin with this exfoliating facewash enriched with jojoba pearls. The birch bark extract revitalises the derma, locking in moisture to reveal a supple and glowing complexion. (₹2,637)



BOY DE CHANEL Le Baume Lèvres

This translucent, matte balm nourishes and protects the lips with jojoba oil and shea butter. The packaging is masculine and luxurious, so you can carry it around anywhere. (₹2,708)



CREED Aventus Body Oil

This natural oil blend, with a sensual, contemporary scent, conditions and soothes the skin. Perfect for the bold and spirited man, Aventus was concocted to reminisce the life of a historic emperor, Napoleon. (p.o.r.)



VERSACE Dylan Blue Pour Homme After Shave Balm

The balm has a toning and softening effect. It moisturises deeply, leaving behind a woody aroma that is inspired from Mediterranean freshness with its hints of citrus and fig leaves. (₹3,181)



YVES SAINT LAURENT La Nuit De L'Homme All-Over Shower Gel

Delicately scented with light oriental notes, this gel embodies the power of seduction. It gently cleanses and energises the body and adds a silken shine to the hair. (₹1,923)



MOLTON BROWN Repairing Shampoo With Papyrus Reed

It lathers luxuriously, and the fragrance of black pepper, tiare flower and amber pleases the senses. The papyrus reed extract repairs damaged hair, adding softness and lustre. (p.o.r.) ✦

Styling The Sneaker

Here's your primer to pairing sneakers with every type of outfit

BY VARUN SARIN

The marriage of sneakers with different attires may have been one of convenience, but it's evolved into an everlasting romance. The comfort is undeniable, and neither is the style. While it may have been around for a few years, a lot more iterations have come out to play, increasing the scope of styling them. We're talking about futuristic ones, neon ones, formal ones (yes, we now have 'formal sneakers') and, of course, the ready availability of athleisure ones. But, since there's such a repository of options, it makes sense to keep certain styling cues in mind, whether you want to pair these sneakers with formal or ethnic wear.

Let's begin with ethnic wear. Pairing sneakers with a *kurta* can be a brilliant combination, but you need to make sure that they aren't stealing attention from the outfit. If you're playing with colours, you could simply try matching your sneakers with your clothes, the monochromatic result is a surefire win. The *bundi* jacket has a simple silhouette that looks good with sneakers and jeans. It's trendy, and the evolution of the *bundi* jacket into an everyday staple pairs well with the sneaker's evolution. Another way of partaking in this trend is by pairing long, asymmetrical *kurtas* with sneakers. The break in the hem will draw one's eye to the sneaker, giving both elements their time in the spotlight.

If you refer to traditional codes of style, matching sneakers with suits is all but forbidden.



Nicobar

Most people believe in the sartorial sanctity of formal wear by pairing them with brogues, but these aforementioned codes have evolved in the last few years to sit comfortably within the hybrid dressing genre that knows no rules. The look transitions seamlessly from day to night, and is certainly more comfortable.

The most basic rule in the pairing of suits and sneakers is to wear cropped trousers—they work towards showing off sneakers the right way. The tailoring of your suit is also critical (as it always should be)—it should ideally be slim-fitted and tapered; a gathered and bulky hem could ruin the silhouette.

Pattern mixing and heavy contrasts are risky when it comes to pairing suits with sneakers. However, if we tone down the contrast levels and simply colour block, it could create a funkier look that's appealing to the eye. If you're wearing a dark-hued suit, your sneakers could have a subtle splash of orange or lime green. When wearing a beige or white two-piece, you could try shades of forest green, black, or even purple that could complement the suit. The objective is to match your suit with your sneakers, using contrast, texture, and detailing. If you're still nervous, stick to white trainers. They'll never let you down. But, be it a leather upper or even mesh, as long as your sneakers look classy, you're doing it right. ♣

- 1 GUCCI; 2 TOD'S;
- 3 EMPORIO ARMANI;
- 4 CHRISTIAN LOUBOUTIN;
- 5 ERMENEGILDO ZEGNA;
- 6 BERLUTI; 7 DIOR;
- 8 BALLY





Ermenegildo Zegna

Point Of View

Sunny days are coming right up, so read on to discover the trendiest pairs of shades to own

The right pair of sunnies can go a long way in redefining your personal style. The world is now experimenting with everything from frame colour bursts to shield silhouettes.

1 VERSACE; 2 EMPORIO ARMANI; 3 OAKLEY; 4 MICHAEL KORS; 5 RAY-BAN; 6 BURBERRY; 7 TOD'S

(All prices on request.)



The Style Face-Off

Two products, two design philosophies, superlative quality

BY PALLAVI SINGH



TOD'S

SHIVAN & NARRESH

These leather moccasins feature a light pebble rubber sole and the nautical inspiration is clearly visible in its aesthetic. With hand-stitched details on the vamp, the impeccable attention to detailing stands out. (p.o.r.)

The Mattie espadrilles are a fun choice for a beach getaway. Made from printed crepe, the heels collapse so they can even be worn backless. The summer vibe is sealed through the tropical motifs. (p.o.r.)

For the man who appreciates the finest in craftsmanship.

For the urban man who likes to keep things casual yet trendy.

Pair With solid, narrow-cut trousers and a patterned shirt.

Pair With resort shorts or trousers and handmade bracelets.

Technology's Changing Face

The fusion of technology and fashion has never been better

BY KUMAR SHREE



BANG & OLUFSEN BEOPLAY E8 & H9

The third generation of this range has been modified to be more inclusive in terms of ear shapes and sizes. The compact size of the wireless earphones allows it to sit inside one's ear as comfortably as possible, but switch on the transparency mode and you'll still

be able to balance the outside world's noise with your music of choice.

However, if you prefer headphones, the Beoplay H9's over-ear cushions are made from soft lambskin and adaptive memory foam, making even the most extended of use (it has a battery life of 35 hours!) a desirable and comfortable audio experience.



BERLUTI WIRELESS CHARGER

This tech and fashion collaboration has given us the ultimate bedside device: the Drop Wireless Charger. Native Union, the tech design company, and Berluti, the luxury menswear brand, have crafted it from Venezia calfskin, and all you have to do is place it face up to start charging your smartphone. Keep in mind, only Qi compatible devices can be charged on this.



DIOR AIRPODS CASE

Made from the most premium calfskin, there's really no better way to keep your AirPods safe, and stylish. Thanks to the sleek silver clasp on top, they can be clipped onto anything, ensuring that the case—embellished with the signature logo of the brand—doesn't slip away from you.



HERMÈS APPLE WATCH STRAPS

This collaboration is for the tech enthusiast who also likes to keep things on the trendier side. It features the already beloved Apple Watch but changes up the straps to make it more of a fashion statement, thanks to the French brand's history of craftsmanship. The fusion of the two iconic brands perfectly exemplifies the art that can come through when partnerships are done well.

CHANEL PHONE COVER

Here's a quilted lambskin cover from Chanel for your consideration. Let your phone's fashion quotient go up a notch, and make your own life a little easier as well, thanks to the conveniently placed card compartment at the back. Who needs a wallet? (If you do, though, Chanel has a pretty solid repository of options).



LOUIS VUITTON HORIZON WIRELESS EARPHONES

Meant for those who are passionate about travelling, these earphones come with both noise-cancelling and ambient-listening modes. The system has been developed by Master & Dynamic, emphasising the brand's dedication to offering connoisseurs the most premium of audio quality. While available in four colourways, we're fans of the classic black version with the brushed-steel stud. ♣



A Brand New World

Chic accessories reinvented for the runway

Tod's



The year 2020 has ushered in a new era for men's fashion and accessories. The spring/summer canvas is bold and eclectic, encouraging artsy interpretations of classic styles, for everything from caps to bags. Give your look a jaunty update with vibrantly-coloured accessories with modish textures, uncommon silhouettes and gripping prints.

1 Watch by PANERAI; 2 Wallets by BERLUTI;
 3 Scarf by HERMÈS; 4 Backpack by ERMENEGILDO ZEGNA
 (All prices on request.)



Sports & Style

The Panerai Luminor M.S. Dhoni watches are a celebration of the spirit of sport

BY VARUN SARIN

An essential quality of sportspersons is their passion for excellence and their inherent authenticity. One famous sports icon who personifies these qualities is M.S. Dhoni, one of the most successful Indian cricket captains of all time.

Panerai celebrates the essence of this sports star with two new models: the Luminor GMT 44mm and the Luminor Chrono Flyback 44mm. The watches seek to express the “dynamic dual personality of M.S. Dhoni” as



(This selection is available for ₹19,77,000)

dependable and confident on the field, and impeccable and sociable off it. The Luminor GMT version features an AISI 316L stainless steel case, while the Luminor Chrono Flyback has a Goldtech (a trademark Panerai gold alloy) case. The military green dial is

stunning in its form and detail, with optional semi-matte black alligator leather and military green rubber straps. The watches are tough and sturdy, with the trademark lock device and Panerai’s Italian design flair and Swiss horological expertise. ♣

Timeless Appeal

Clean dials and statement accents are on our radar

BY KUMAR SHREE

MICHAEL KORS KYLE

With its easy wearability and bright features, this Michael Kors selection maintains both class and a sporty appeal. The oversized fit and neon accents make it our summer pick.

IWC SCHAFFHAUSEN PORTOFINO CHRONOGRAPH EDITION “150 YEARS”

An ode to classic timepieces, the Portofino sports a clean and unified look. The alligator leather straps meet at a dial that gets a blue-on-white colourway treatment. The 79320 calibre movement allows for a respectable 44-hour power reserve, meaning it’s as technically sound as it is beautiful.

BREITLING BENTLEY CENTENARY LIMITED EDITION

The clearest indication of the inspiration behind this timepiece is the burl elm dial—a detail Bentley enthusiasts will recognise from the 1929 ‘Blower’ Bentley’s dashboard. Good looks aside, the watch possesses a Breitling 01 movement (visible through the transparent caseback), ensuring impeccable reliability.

ROLEX YACHT-MASTER 42

Inside this black and white case with white gold detailing is the brand’s most state-of-the-art movement: calibre 3235. Accompanying the luxe interiors is the Oysterflex bracelet, which lends the watch its sporty and practical look. ♣

(All prices on request.)





1 SHYAMAL & BHUMIKA;
2 RAGHAVENDRA RATHORE;
3 MARD BY ABU SANDEEP; 4 NICOBAR
(All prices on request.)

Summer Moves

The ethnic touch your wardrobe needs

Take a quick look and you'll notice that gone are the days when heavy embroidery dominated *sherwanis* and *bundi* jackets. Now, it's all about ensuring the sharpest of cuts and, in fact, experimenting with the shape of Indianwear—just take a look at the skirted trousers offered by Abu Sandeep's Mard label. Assymetrical hem lines and prints layered on prints are the new bywords for the modern Indian man.



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SPRING/SUMMER 2020

Out For Brunch

Spring is the time for outdoor soirées; here's what you need to wear

Whether you're meeting up with friends, or catching up with relatives, brunch is the occasion for laid-back yet hip fashion. From striped sweats and brightly-coloured vests to capris and plaid pants, do not be afraid of picking out the brightest clothes in your wardrobe. Men's totes and leather sling bags are also big this season, and we love these options that balance suave with quirk.



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1 COACH;
2 ERMENEGLILDO ZEGNA;
3 HUGO BOSS;
4 GIORGIO ARMANI;
5 PAUL SMITH

Summer Scents

These fragrances will be the scent of the season



CREED Millésime Impérial
Top notes: bergamot, mandarin and lemon



JIMMY CHOO Man
Top notes: lavender, mandarin and honeydew melon



HERMÈS Un Jardin Sur La Lagune
Top notes: magnolia, pittosporum, Madonna lily and samphire



DIOR HOMME Sport
Top notes: grapefruit, blood orange and lemon



TOM FORD Neroli Portofino
Top notes: bergamot, mandarin orange, lemon, lavender and rosemary



MONTBLANC Explorer
Top notes: bergamot, pomarose and sage

(All prices on request.)

The Spring Rules

With spring comes the onslaught of allergens, so remember to abide by these health rules

BY PALLAVI SINGH

With the onset of spring, most people can be seen sneezing, coughing, popping pills while attempting to counter allergies. An increase in temperature and moisture conditions at the beginning of the season causes microbes to multiply and disperse through the air, causing allergies. An allergy is an immune reaction to an alien object. So, when the antibodies of the immune system react, the body produces histamines, which cause symptoms associated with allergies.

Symptoms of an allergic reaction include coughing and sneezing, watery eyes, runny nose or an irritation in the eye or nose. Rain or any sudden change in temperature may make these symptoms worse as flora multiplies with the availability of water. Remember, not everyone is allergic to the same type of pollen. There are around 30 different types of pollens, and their presence in the air is dependent on the time of year. An allergy test can help in the diagnosis of the type of pollen one is allergic to.

Following the adage 'prevention is better than cure', it is advisable to take precautions. Avoid exercising outdoors, wear a mask when outside, take a shower and change your

clothes once you get back home. Deep cleaning of the house would help minimise indoor allergens and using air-conditioners may prevent pollens from entering the house. It is advisable to use an anti-allergic laundry detergent to wash clothes or dip them in an antiseptic liquid after washing. Also, one may take over-the-counter anti-histamine medication, nasal gel and sprays prescribed by a medical practitioner. If allergy symptoms still persist, it is advisable to get yourself evaluated for

allergen immunotherapy.

The body's immune system can be boosted by following a diet that is rich in antioxidants and phytonutrients. It helps decrease the inflammation in one's body and lessen the symptoms of allergy. Consuming walnuts, flax seeds, cashew nuts and wheat helps.

Also, natural anti-histamines can be found in onions, peppers, berries and parsley. Citrus fruits like oranges, lemon, etc., contain vitamin C and can help alleviate the symptoms of allergic reactions.

Foods containing omega-3 fatty acids like fish can also provide relief from your allergic reaction. Make sure you have at least one meal containing omega-3-rich foods. Coloured fruits and vegetables like pomegranate, red berries, grapes, broccoli and cabbage are all good sources of antioxidants.

Make sure to keep yourself well-hydrated. Also, using jaggery instead of sugar will help ease symptoms of allergy. Milk, eggs, peanuts, soy, wheat, shellfish and fish are the most common foods eliciting allergic reactions and it is important to check one's reaction to them. Turmeric, avocados, green vegetables, red bell peppers, green tea, citrus fruits, tomatoes and pears can help boost one's immune system. ♣



The Best In Luxury

Bespoke lifestyle events celebrated luxury fashion and beauty

All Things Luxury

Right at the beginning of the wedding season, The Chanakya organised a week of luxury lifestyle workshops. The famed stylist, Bhavna Singh, organised a masterclass on styling ethnic wear to create stunning, unconventional looks. The style showcase was done by Ranna Gill, Anita Dongre Grassroot, Outhouse and Nykaa Luxe. Apart from this, a beauty masterclass titled 'Look@ Me' was held by Ridhima Dhawan at Cafe C. During the session, she demonstrated an ideal 'No Make-up, Make-up Look' with Nykaa Luxe, on the model and influencer, Ankita Rai. Simultaneously, the guests enjoyed light bites and beverages from MKT and the complimentary session of rainbow nail art from Noir Salon. During the same week, cake mixing was held, followed by a gingerbread house-making session by MKT. Shalimar by Good Earth organised storytelling for children, while Noir Salon held a hair-braiding session.



End Of Season Sale

As the year of 2019 came to a close, The Chanakya hosted the winter festive sale in association with Gautam Seth and Prateek Jain, the founders of Klove Studio. A hub for lighting, installations and home accessories, Klove Studio had designed an innovative Christmas tree, specially designed for the mall, which stole the show. All the high-end brands participated in the festival with special offers. The guests rejoiced through the evening over drinks by Singleton India and Fratelli Wines, along with gourmet offerings from MKT.

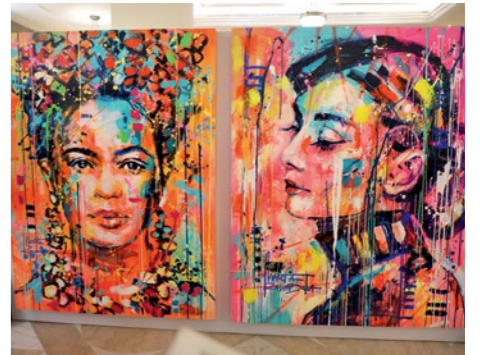
Luxe Affaire: Peru

The second edition of the Luxe Affaire at The Chanakya was organised in association with the Peruvian Embassy. The event witnessed Indian and Peruvian guests coming together to celebrate each other's cultures. When the guests entered the venue, they were greeted with bracelets made of jasmine flowers and *tilak*. Brands like Paro, Perona, Outhouse, Janavi India and Anita Dongre showcased their legacy and the intricacy of craftsmanship involved in the creation of ethnic ensembles. Noir Salon and Nykaa Luxe also showcased their latest releases. The guests enjoyed learning the traditional methods of tying a *turban* and sari. Palm reading and hand-block printing were two other popular activities there. The audience was also introduced to the preparation of Pisco Sour, which is one of Peru's signature drinks.



Vernissage

In order to give a platform to upcoming and established artists, DLF Emporio played host to a one-of-a-kind art festival. With galleries such as Art Magnum, Art Centrix Space, Dhoomimal Gallery, Galerie Art Eterne, Gallery Vision Art, Wonderwall, Gallerie Splash, Gallery Latitude 28 and Gallerie Nvya showcasing their creations, Vernissage was aimed at demystifying art, and making creations more accessible for the public. The event ended with a cocktail soirée, and saw a medley of art connoisseurs network. ✨





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Ground Floor

BALLY *fashion*
BERLUTI *fashion*
BOTTEGA VENETA *fashion*
BVLGARI *jewellery & watches*
CAFÉ E *dining*
CARTIER *jewellery & watches*
CHA SHI *dining*
CHRISTIAN LOUBOUTIN *fashion*
DIOR *fashion*
EMPORIO ARMANI *fashion*
ERMENEGILDO ZEGNA *fashion*
FENDI *fashion*
GIORGIO ARMANI *fashion*
GUCCI *fashion*
ISAIA *fashion*
JIMMY CHOO *fashion*
LOUIS VUITTON *fashion*
MICHAEL KORS *fashion*
ROBERTO CAVALLI *fashion*
SALVATORE FERRAGAMO *fashion*
SUNGLASS ICON *fashion*
TOD'S *fashion*
TOM FORD *fashion*
VERSACE* *fashion*

First Floor

ARGENTOR *lifestyle*
BANG & OLUFSEN* *lifestyle*
BURBERRY *fashion*
CANALI *fashion*
COACH *fashion*
CORNELIANI *fashion*
EMERY *lifestyle*
HACKETT *fashion*
HUGO BOSS *fashion*
JAY STRONGWATER *lifestyle*
JOHNSON WATCH CO. *jewellery & watches*
KAPOOR WATCH CO. *jewellery & watches*
KATE SPADE NEW YORK *fashion*
LES PETITS *fashion*
LLADRÓ *lifestyle*
LOUIS VUITTON *fashion*
MISSONI *fashion*
MONTBLANC *jewellery & watches*
PAUL & SHARK *fashion*
PAUL SMITH *fashion*
POLO RALPH LAUREN *fashion*
SANTONI *fashion*
TUMI *lifestyle*
VERSACE ROSENTHAL *lifestyle*
VILLEROY & BOCH *lifestyle*

Second Floor

ABHISHEK GUPTA *fashion*
ABU JANI SANDEEP KHOSLA *fashion*
ASHIMA LEENA *fashion*
ASHISH N SONI *fashion*
BRIDAL GALLERY HAZOORILAL BY SANDEEP NARANG *jewellery*
CASA PARADOX LUXE *lifestyle*
DIACOLOR *jewellery & watches*
GAURAV GUPTA *fashion*
JANAVI INDIA *fashion*
KUNAL RAWAL *fashion*
MALINI RAMANI *fashion*
MANAV GANGWANI *fashion*
MIRARI *jewellery & watches*
MONISHA JAISING *fashion*
NEERU KUMAR *fashion*
NEETA LULLA *fashion*
NIKASHA *fashion*
ON THE GO *dining*
PANKAJ & NIDHI *fashion*
PATINE *fashion*
PEACOCK BRIDE BY FALGUNI & SHANE PEACOCK *fashion*
RAGHAVENDRA RATHORE *fashion*
RAVI BAJAJ *fashion*
RAVISSANT *lifestyle*
RIMZIM DADU *fashion*
RINA DHAKA *fashion*
ROHIT BAL *fashion*
ROSE *jewellery & watches*
SHANTANU & NIKHIL *fashion*
SHIVAN & NARRESH *fashion*
SIGNATURE BY SATYA PAUL *fashion*
SHYAMAL & BHUMIKA *fashion*
SUNEET VARMA *fashion*
SUNITA SHEKHAWAT *jewellery & watches*
SUREKHA JAIN *fashion*
TARUN TAHILIANI *fashion*
THE KONCEPT PRIVE *lifestyle*
VARUN BAHL *fashion*

Third Floor

AM:PM *fashion*
ANITA DONGRE *fashion*
ASH AMAIRA *fashion*
ASAL BY ABU SANDEEP *fashion*
ENSEMBLE *fashion*
ISHARYA LUXE *jewellery & watches*
NAMRATA JOSHIPURA *fashion*
NIKI MAHAJAN *fashion*
NOIR *luxury salon*
OGAAN *fashion*
PASHMA *fashion*
RAJESH PRATAP SINGH *fashion*
RANNA GILL *fashion*
RITU KUMAR *fashion*
ROHIT GANDHI + RAHUL KHANNA *fashion*
SET'Z *dining*
THE ENTERTAINMENT DESIGN CO. *lifestyle*
VANILLA MOON *fashion*

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Lower Ground Floor

FOODHALL *luxury grocery*
MKT *dining*
THE KIMONO CLUB *dining & club*

Ground Floor

ALEXANDER MCQUEEN *fashion*
BRUNELLO CUCINELLI *fashion*
CHANEL *fashion*
CREED *fragrances*
HERMÈS *fashion*
JAEGER-LECOULTRE *watches*
KHOYA *luxury confectionery*
PANERAI *watches*
RALPH LAUREN *fashion*
ROLEX *watches*
SAINT LAURENT* *fashion*
TIFFANY & CO. *jewellery*

First Floor

BROOKE & CARTER *luxury eyewear*
CHANEL *fashion*
ETHOS SUMMIT *watches*
GULABO BY ABU SANDEEP *fashion*
MONNALISA* *kids' fashion*
MONTBLANC *accessories*
PARO BY GOOD EARTH *luxury lifestyle & wellness*
RALPH LAUREN *fashion*
SHALIMAR BY GOOD EARTH *kids' fashion & accessories*
YOKU MOKU *luxury confectionery*
ZOOKI *fashion*

Second Floor

ANITA DONGRE GRASSROOT *fashion*
DIESEL *fashion*
JANAVI INDIA *fashion*
NEERU KUMAR *fashion*
NICOBAR *lifestyle & fashion*
NICOCAARA *dining*
NOIR *luxury salon*
NYKAA LUXE *beauty & fragrance*
OUTHOUSE *accessories & jewellery*
PERONA *fashion*
RANNA GILL *fashion*
TED BAKER *fashion*
THE COLLECTIVE DENIM *fashion*

Third Floor

PVR ECX *cinema*
RUH *fashion*

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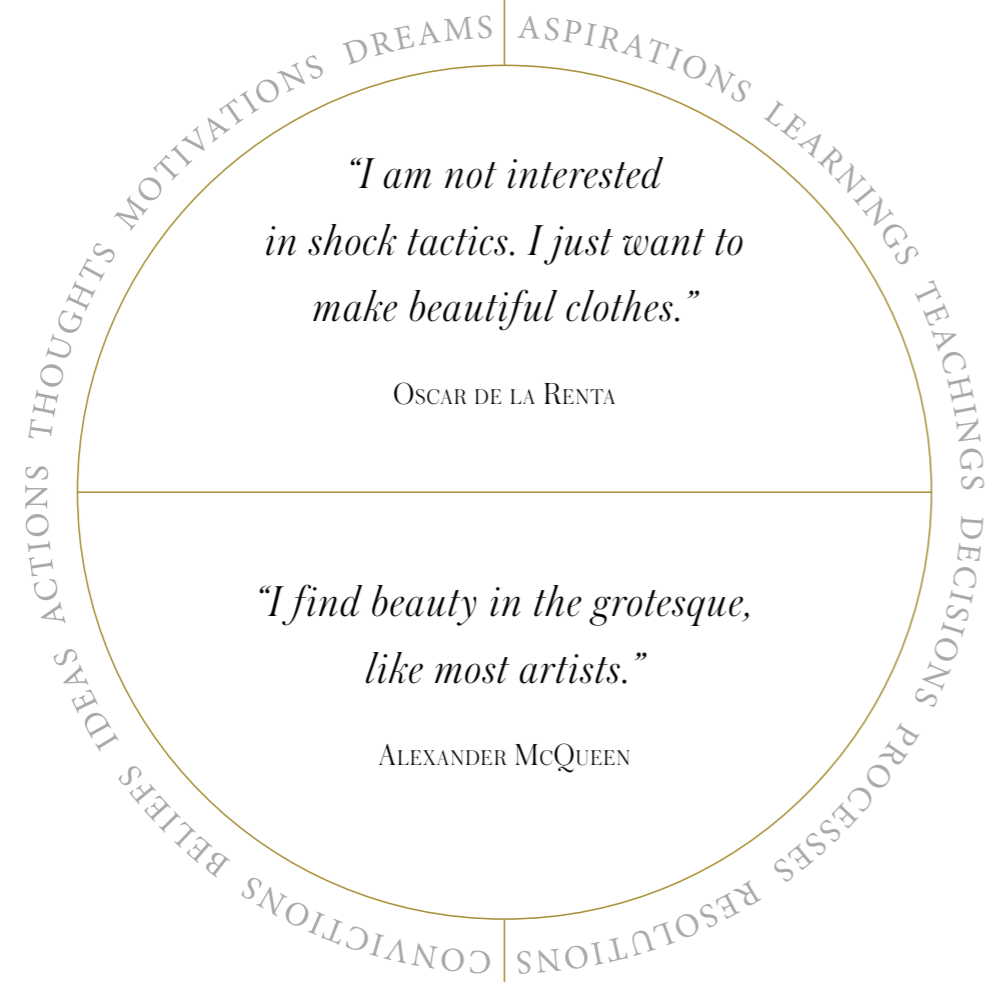
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*"I am not interested
in shock tactics. I just want to
make beautiful clothes."*

OSCAR DE LA RENTA

*"I find beauty in the grotesque,
like most artists."*

ALEXANDER McQUEEN



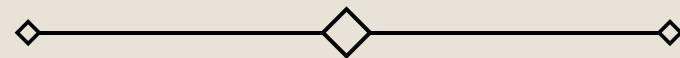
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